2018 APC/NACC Joint Conference
Thursday Professional Development Intensive Listing

8-Hour Session

PT8.01 Advanced Practice Workshop: Palliative Care and Hospice Specialty Chaplaincy Care (APC and NACC Collaborative session)

**Presenter:**
Rev. Anna Lee Hisey Pierson MDiv BCC-HPCC – Downers Grove, IL
Senior Staff Chaplain - Advocate Good Samaritan Hospital

**Co-Presenter:**
Sedona Montelongo BCC ACPHC – Phoenix, AZ
Chaplain - St. Joseph Hospital & Medical Center

**Co-Presenter:**
Sharon Winner Burniston MDiv BCC-HPCC CT – Summit, NJ
Palliative Care Chaplain - Overlook Medical Center

**Co-Presenter:**
Bonnie McCulley - MA BCC LPC CH.A – Newberg, OR
Director of Mission Integration and Spiritual Care - Providence Newberg Medical Center

**Session Type:** PDI

**Session Level:** Advanced

**Session Topic:** Partnerships

**Date:** Thursday, July 12, 2018

**Time:** 8:00 AM – 5:00 PM

**Objectives:**
- Understand and advance the scope of one’s practice in palliative care and hospice chaplaincy care
- Demonstrate advanced practice New competencies in provision of palliative care and hospice chaplaincy care
- Demonstrate knowledge and skill of competencies in preparation for writing palliative care and hospice advanced practice certification application

**Description:**
If you are providing direct patient care in palliative care and/or hospice this intensive workshop is for you.
Advanced practitioners will be immersed in an interactive experience to increase knowledge and hone skills alongside peers. The course will use the NEW advanced practice specialty certification competencies to envision one’s scope of practice and support evidence-based practices. An action reflection model will be utilized to exemplify the competencies through case studies, transdisciplinary goals of care meetings, and ethical dilemmas, aligning values with treatment plans and the essence of total pain as experienced in palliative care and hospice.
Prerequisites: BCC certified with intensive palliative care/hospice courses and direct clinical palliative or hospice care experience. Specialty certified also welcome.

Recommended Books:
- None
### PT4.01 The Soul's Legacy: How Chaplains Can Help Senior Adults Prepare for a Good Death by Addressing it Now

**Presenter:**
Fred Grewe DMin BCC – Medford, OR  
Chaplain – Providence Hospice

**Session Type:** PDI  
**Date:** Thursday, July 12, 2018

**Session Level:** Intermediate  
**Time:** 8:00 AM – 12:00 PM

**Session Topic:** Alternative Therapies

**Objectives:**
- Participants will experience techniques to help senior adults prepare for a good death
- Participants will learn specific approaches to help aid patients reframe meaning making in light of debilitating or terminal illness
- Participants will learn approaches to help ease end-of-life existential suffering

**Description:**
The purpose of this developmental intensive is to experience techniques to help elderly individuals begin preparing for a good death. Topics to be discussed will include: getting in touch with one’s soul, blessing others, and spiritual reflection on important stories from one’s life. This presentation is built upon years of practice with the dying and research supporting my new book being published by Jessica Kingsley Publishers and my doctoral dissertation.

**Recommended Books:**
- "The Soul's Legacy: How Clergy and Chaplains Can Help Senior Adults Prepare for a Good Death by Addressing It Now" by Fred Grewe
- "What the Dying Have Taught Me about Living" by Fred Grewe
- "Art of Living and Dying: Spiritual Care for a Good Death" by Carlo Leget
PT4.02 Understanding Poverty and How to use Charity Tracker to Reduce Readmissions and Build Healthier Communities

**Presenter:**
Chaplain Mary Clare Carden MA MPH MBA BBA BCC – Bryan, TX
Director of Spiritual Care – Chi St. Joseph Health System

**Co-Presenter:**
Patricia Schoenemann – Bryan, TX
Director - Brazos Health Resource Center

**Session Type:**
PDI

**Session Level:**
Beginner

**Session Topic:**
Technology

**Date:**
Thursday, July 12, 2018

**Time:**
8:00 AM – 12:00 PM

**Objectives:**
- Understand the importance and how to gather data for resource development, grant writing, strategic planning and measuring outcomes so that we can understand the impact we have on the people we serve.
- Bring a new understanding of the daily challenges and misperceptions of those living in poverty and how we can help ease the barriers.
- Share success stories of how Charity Tracker has changed a community.

**Description:**
Here is an educational opportunity to really learn how to better serve people living in poverty; improve communication and move beyond just helping people cope with poverty but to move toward genuine opportunities for them to achieve and be valued. At the same time, to learn a proven tool that has been used in a community to bring together the healthcare providers, non-profit and government agencies as well as the churches and volunteer groups of the area to collaborate resources, share information, in order to reduce readmissions and expand the allocation of resources to those who need it the most in a timely manner.

**Recommended Books:**
- None
PT4.03  Quantitative Research for Beginners

Presenter:
George Fitchett PhD DMin BCC – Chicago, IL
Professor & Director of Research - Rush University Medical Center Department of Religion, Health, & Human Values

Co-Presenter:
Kelsey White MDiv BCC – Louisville, KY
Chaplain – Norton Healthcare

Co-Presenter:
Kathryn Lyndes PhD – Chicago, IL
Project Coordinator – Rush University

Session Type: PDI
Session Level: Beginner
Session Topic: Research

Date: Thursday, July 12, 2018
Time: 8:00 AM – 12:00 PM

Objectives:
- Participants will be able to read and interpret tables with simple research findings.
- Participants will be able to explain the meaning of significant and non-significant findings.
- Participants will have greater confidence for reading chaplaincy-related research and applying findings to their chaplaincy practice.

Description:
The workshop will introduce participants to 3 of the most common statistical procedures used in quantitative research: 1) comparing means or proportion of two groups; 2) testing the association between two variables (correlation); and 3) testing the association between two variables while adjusting for the effects of other factors (multiple regression). The workshop will also introduce participants to significance testing (p values). Each of these procedures will be illustrated with reports (tables) from chaplaincy research. Participants will have the opportunity to work in small groups to apply their learning to the interpretation of additional tables from chaplaincy research.

Please Note: The PDI will be limited to 40 participants

Recommended Books:
- Spirituality & Health Research: Methods, Measurement, Statistics & Resources by Harold G. Koenig
- Evidence-Based Healthcare Chaplaincy: A Research Reader edited by George Fitchett, Kelsey White, & Kathryn Lyndes (available for the first time at this conference)
PT4.04 Understanding and Meeting Spiritual Needs of Refugees

Presenter:
Solomon Kendagor PhD ThM MDiv MEd BCC – St. Louis, MO

Session Type: PDI
Session Level: Advanced
Session Topic: Diversity

Date: Thursday, July 12, 2018
Time: 8:00 AM – 12:00 PM

Objectives:
- Understand the complex journey of refugees and the woundedness that they bring when hospitalized
- Understand refugees’ unique spiritual and emotional needs particularly regarding the broken trust in humanity and the suspicion they have of many, especially people in authority (such as hospital personnel)
- Develop strategies and skills for deep listening of the refugees’ spiritual needs and practical ways of rebuilding and developing trust with each person

Description:
The refugee population in the United States is in the millions. Many of them end up as employees, patients and families of patients in our healthcare institutions. Most arrive after being uprooted from their homes and forced to live in refugee camps for years under difficult and challenging circumstances. They bring emotional scars and wounds that affect their ability to relate, respond to healthcare and function in society. Participants in this workshop will learn best ways to bring healing to this community with uniquely painful and damaging life experiences.

Recommended Books:
- None
## PT4.05 Writing Our Narrative Story: The Intersection of Self Care and Advocacy

**Presenter:**
Rev. Mary Kendrick Moore MDiv BCC – Jacksonville, FL  
Senior Chaplain – St. Vincent’s Medical Center

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### Session Topic:
Self-Care

### Objectives:
- Increase understanding of the use of creative writing as a tool for nurturing self-care
- Develop tools and skills for embracing creative writing as a spiritual practice
- Identify at least three ways to share the unique narrative story of chaplains as a tool for advocacy

### Description:
There is a writer within each of us. Explore your inner muse as you delve into this day long experience that will nudge your creative words to take shape from your own unique narrative story. Through the use of fast writing exercises in response to illustrative prompts and visual images, you will develop new techniques to spark your creativity and learn the power of allowing your writing to be a spiritual exercise. Then together we will explore how our own narrative can become a part of the unique voice of chaplaincy.

### Recommended Books:
- Writing Down the Bones: Freeing the Writer Within by Natalie Goldberg
- Writing the Memoir: From Truth to Art by Judith Barrington
- Old Friend from Far Away: The Practice of Writing Memoir
#BlackHealthMatters: A Pastoral Care Approach for African Americans Living with Chronic Illnesses

**Presenter:**  
Rev. Dr. Danielle J. Buhuro DMin – Chicago, IL  
CPE Supervisor – Advocate South Suburban and Trinity Hospitals

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**Objectives:**
- Learn how African Americans are disproportionately impacted by chronic illnesses as a result of social economic disparities.
- Learn a specific pastoral care approach for major chronic illnesses such as heart disease, stroke, diabetes, obesity, and cancer.
- Learn how communities of faith can make their congregation a "healthy hotspot" as well as politically advocate for healthy food resources, inexpensive exercise venues, and tobacco-free zones.

**Description:**
After an unarmed African American teen named Trayvon Martin was innocently gunned down by a white neighborhood vigilante patrolman, two African American young ladies founded #BlackLivesMatter, a social service organization developed to highlight the atrocities of police brutality and other forms of oppression such as poverty, unemployment, mass incarceration and homelessness specifically affecting African Americans. In addition to these external social factors, there are internal health disparities that also affect African Americans to similar extremes. Chronic illness continues to disproportionately impact people of color, particularly African Americans. What can the hospital chaplain and/or local clergy do? This workshop seeks to provide realistic strategies and interventions that chaplain or clergy can employ to help patients and also decrease health disparities.

**Recommended Books:**
- "Spiritual Care In An Age of #BlackLivesMatter: Examining the Spiritual and Prophetic Needs of African Americans in a Violent America" by Danielle Buhuro (Cascade Books, 2018)
- "Is There A Heaven For A 'G': A Pastoral Care Approach to Gang Violence" by Danielle Buhuro (Resource Publications, 2017)
PT4.07 Human Caused Disaster Ministry

Presenter:
Laurie A. Kraus DMin – Louisville, KY
National Headquarters for the PCUSA

Co-Presenter:
James J. Kirk DMin – Louisville, KY
National Headquarters for the PCUSA

Co-Presenter:
Bruce G. Wismer DMin – Sarasota, FL
Pine Shores Presbyterian Church

Session Type: PDI
Session Level: Intermediate
Session Topic: Disaster

Date: Thursday, July 12, 2018
Time: 8:00 AM – 12:00 PM

Objectives:
- Introduce the unique dynamics of a human caused disaster
- Learn the necessary preparation and training for human caused disaster ministry
- Gain insight into skill which promote the healing trajectory for a community

Description:
Violence changes everything, and it necessarily requires different skills and focus from responding to natural disasters. After violence, survivors suddenly and severely become engrossed in emotional, psychological, and spiritual chaos. In this 4 hour Professional Development Intensive participants will learn definitions and guidelines for human-caused disasters, trauma, trauma treatment, clergy care, congregational care, worship and liturgy, media relations, and long-term emotional and spiritual care. This presentation is the result of the best practices and lessons learned to-date by members of the Presbyterian Disaster Assistance National Response Team who have been responding to human caused disasters since 1999.

Recommended Books:
- Trauma and Grace. Serene Jones, WJK Pub.
- The Little Book of Trauma Healing. Carolyn Yoder. Good Books
PT4.08 CPR as a Symbolic Ritual: Chaplain Responses When Providers and Families Disagree

Presenter:
R. Alex Chamberlain MA MDiv BCC – Boise, ID
Coordinator of Clinical Ethics/Chaplain – St. Luke’s Regional Medical Center

Session Type: PDI
Session Level: Intermediate
Session Topic: Ethics

Date: Thursday, July 12, 2018
Time: 8:00 AM – 12:00 PM

Objectives:
- Name the ethical principles in tension amid a conflict over code status
- Appreciate how CPR can serve as a symbolic ritual for patients and families
- Frame three different responses to patients, families, and staff amid an ethical dilemma relating to code status

Description:
Chaplains often encounter situations where the healthcare team views CPR and other attendant resuscitative efforts as very unlikely to help a patient toward a meaningful recovery. They are focused on what is probable. Patients, and more commonly families, may be motivated by what is possible. Further, families may be attending to what such an effort symbolizes in terms of their love for the patient, their sense of “not giving up”, and a conviction about their loved one’s resilience. In our time together we will discuss the ethical challenges surrounding a potentially ineffective treatment, the theological concepts of ritual and symbol, and the range of responses a chaplain can offer amid such a dilemma.

Recommended Books:
- Sudden Death and The Myth of CPR by Stefan Timmermans
PT4.09 Case Studies: Working with a format. Dutch Case Studies Project.

Presenter:
Martin Walton PhD – Groningen, Netherlands
Professor – Protestant Theological University

Session Type: PDI
Session Level: Intermediate
Session Topic: Research

Date: Thursday, July 12, 2018
Time: 8:00 AM – 12:00 PM

Objectives:
- Write a case study in a reflective format
- More concretely describe the intentions, theoretical perspectives and outcomes in a case study
- Discuss and evaluate case studies in a group using an appreciative approach

Description:
The Dutch Case Studies Project in Chaplaincy Care has developed a reflective format for describing case studies in chaplaincy care and an appreciative approach to the evaluation of cases studies in research communities of chaplains. The PDI participants will be introduced to the format which pays particular attention to issues of context, theory and practice, sense perceptions and the description of outcomes with feedback from clients and client systems. The participant group will subsequently function as a temporary research community in the evaluation of a written case study.

Recommended Books:
- https://www.pthu.nl/Over_PThU/Organisatie/Medewerkers/rn.walton/case-studies-project/
PT4.10 Introduction to Healing Touch

Presenter:
Christine B. Stewart MSNc RN CCRN CHTP/I – Palo Cedro, CA
Director of Critical Care Services – Dignity Health- MMCR

Session Type: Date:
PDI Thursday, July 12, 2018
Session Level: Time: Beginner 8:00 AM – 12:00 PM
Session Topic: Alternative Therapies

Objectives:
• Define Healing Touch
• Describe the human energy system
• Demonstrate 2-3 techniques to use for self-care and for others, and state the rationale for use

Description:
Healing Touch is a relaxing, nurturing, heart-centered energy therapy that uses gentle, intentional touch that assists in balancing physical, emotional, mental, and spiritual well-being. Healing Touch is beneficial in calming anxiety, reducing symptoms of depression, decreasing pain, supporting surgical recovery, supporting cancer care, and deepening spiritual connection. Safe for all ages, Healing Touch is effective in chronic and acute conditions, and works in harmony with standard medical care.

Recommended Books:
• Foundations and Practice of Healing Touch (available at www.healingborders.org)
PT4.11 Getting Noticed to Getting Hired – What to Do!

Presenter:
Richard Thorne MLIR – Atlanta, GA
Search Consultant – Thorne Consulting

Session Type: PDI
Session Level: Intermediate
Session Topic: Self-Care

Date: Thursday, July 12, 2018
Time: 8:00 AM – 12:00 PM

Objectives:
• Better know and effectively describe their professional accomplishments
• Write resumes and cover letters that get noticed
• Interview with increased confidence, differentiation and likelihood of receiving an offer

Description:
Participants will be given practical information in the following areas: taking a professional inventory, developing a memorable and meaningful tagline, writing resumes and cover letters that differentiate, preparing interview answers, formulating CART (Circumstance, Action, Result and Tie-in) stories and questions for interviews. Participants, at the end of this intensive, will have several of the elements necessary for receiving a job offer.

Recommended Books:
• None