Professional Development Intensives  
Wednesday June 19, 2019 8-Hour Sessions 8:00am – 5:00pm

PW8.01 - Holy Curiosity  
*Presented by: Rev. Kathleen Ennis-Durstine MDiv BCC CCISM, Rev. Mark Bartel MDiv BCC & Rev. Joanna Bailey MDiv BCC*

**Level: Intermediate**

**Objectives**
- Learn and articulate the role of holy curiosity in chaplaincy
- Explore the benefits, barriers, and blessings of holy curiosity in our practice
- Develop and demonstrate helpful interventions for the benefit of our patients and families

**Description**
We will explore the role, function, and character of Holy Curiosity in the work of chaplains. Holy Curiosity increases awareness, attending to the situation and story of patients and families, aids in accurate assessment and in designing appropriate spiritual interventions. Participants will experience a variety of learning opportunities: presentation and small group interaction, the use of video, pictures, and narrated case studies to aid us in the process of thinking of Holy questions and expecting Holy stories in our work. The topic is pertinent to all chaplains in all settings.

PW8.02 - Million-Dollar Questions: 8 Key Skills for Researching Matters of Soul and Spirit  
*Presented by: Rev. Dr. Kelly Wadsworth PhD BCC*

**Level: Advanced**

**Objectives**
- Engage the world of research in a dynamic and humorous way, breaking down stereotypes that it is inaccessible or irrelevant.
- Articulate critical differences between quantitative and qualitative approaches and understand how phenomenological methods are uniquely designed to help Chaplains shine light on questions that matter.
- Leave equipped to conduct a small-scale research project of one’s own.

**Description**
Phenomenology is the scientific study (‘logos’) of our experiences with the phenomena of our lives. It excavates how we move through life’s encounters and is particularly adept at highlighting questions of meaning and existence. Exploring religious and spiritual themes in a rigorous and methodical way, descriptive phenomenology is a premier research tool for chaplains and can be applied in a variety of settings including healthcare, prisons, non-profits, and the military. Participants will gain many of the tools necessary to enter into the world of research in a way that is both relevant and practical.
PW8.03 - Advanced Practice Workshop: Palliative Care and Hospice Specialty Chaplaincy Care
Presented by: Rev. Anna Lee Hisey Pierson MDiv BCC-HPCC, Sedona Montelongo BCC ACPHC & Bonnie McCulley MA BCC LPC CH.A

Level: Intermediate

Objectives
- Understand the scope of one’s practice in palliative care and hospice chaplaincy care
- Explore advanced practice competencies in provision of palliative care and hospice chaplaincy care
- Demonstrate knowledge and skill of competencies in preparation for writing palliative care and hospice advanced practice certification application

Description
If you have interest or experience in providing direct patient care in palliative care and/or hospice this workshop is for you. You will be invited, in an interactive experience, to increase knowledge and hone skills alongside peers. Participants will explore palliative care and/or hospice clinicians scope of practice and support evidence-based practices. An action reflection model will be utilized to exemplify the competencies through case studies, transdisciplinary goals of care meetings, and ethical dilemmas, aligning values with treatment plans and the essence of total pain as experienced in palliative care and hospice. Prerequisites: BCC certified with interest and/or experience in palliative care/hospice direct care.

Wednesday June 19, 2019 4-Hour Sessions 1:00pm – 5:00pm

PW4.01 - Quantitative Research for Beginners
Presented by: Kelsey White MDiv MSc BCC & Rev. Patricia Palmer MDiv MSPH BCC

Level: Beginner

Objectives
- Participants will be able to read and interpret tables with simple research findings.
- Participants will be able to explain the meaning of significant and non-significant findings.
- Participants will have greater confidence for reading chaplaincy-related research and applying findings to their chaplaincy practice.

Description
The workshop will introduce participants to 3 of the most common statistical procedures used in quantitative research: 1) comparing means or proportion of two groups; 2) testing the association between two variables (correlation); and 3) testing the association between two variables while adjusting for the effects of other factors (multiple regression). The workshop will also introduce participants to significance testing (p values). Each of these procedures will be illustrated with reports (tables) from chaplaincy research. Participants will have the opportunity to work in small groups to apply their learning to the interpretation of additional tables from chaplaincy research.
PW4.02 - Think Like A Lawyer, Act Like a Chaplain: Religious Freedom Literacy for Chaplains
Presented by: Pamela Ayo Yetunde JD ThD & Karen Hutt MDiv

Level: Beginner

Objectives

• Better understand how Constitutional law, case law, statutes, executive orders, and regulations related to religious freedom pose opportunities and risks for chaplaincy education.
• Better understand how understanding these laws, etc. pose dilemmas for those involved in chaplaincy education.
• Better understand how chaplains "thinking like lawyers" can promote adherence to high ethical standards of care.

Description

Most seminarians do not have a legal education and thus may not know the implications of law on their ministry. In this Professional Development Intensive, conference attendees will become more confident in their ability to spot legal issues that may impact their ministry, and creatively strategize to protect themselves, their ministries within healthcare contexts, to promote just, ethical, and inclusive spiritual and pastoral caregiving.

PW4.03 - Responding with Care When Your Staff is in Crisis
Presented by: Dierdre Jarrett MDiv BCC, Melinda Plumley MDiv MBE BCC & Julie Frank MDiv

Level: Intermediate

Objectives

• How to appropriately respond to a staff member crisis, such as a co-worker death or other event, in terms of immediate and on-going support while maintaining an effective work environment.
• How to plan memorial services and other gatherings that are meaningful and appropriate in the work setting.
• How to partner with department and hospital leadership to meet the needs of the individual, departments and the facility as a whole.

Description

This PDI will empower participants to evaluate their work sites and assess what are the key stressors and incidents that impact their staff's emotional health. They can then determine the best potential partners for developing strategies to support staff through those events and develop action plans for various types of stressful events that occur at their site. This will be accomplishing through facilitating participants in developing an action plan that they can present to their leadership team for consideration.
PW4.04 - Walking the Path: Poetry, Labyrinths and Tai Chi Chih  
*Presented by: Terry-Thomas Primer DMin BCC CT NCC*

**Level: Beginner**

**Objectives**
- List three aspects of Expressive Arts process as it pertains to personal renewal and reflection.
- Describe three creative arts/movement approaches for personal use or with others.
- List at least three ways these projects can be used with clients, staff or in a retreat setting.

**Description**
This PDI will be an opportunity to relax, renew and learn some new skills for one's own personal use as well as for ministry with others. Drawing from the wisdom of expressive arts therapy, participants will reflect on their journey using several accessible poetry forms, create a labyrinth and learn an easy form of Tai Chi. The joy of using arts and crafts and movement in a slow meditative setting with time to share, opens new avenues. Tai chi Chih has easy circular movements to help one stay in the present moment. This workshop will provide insight and ideas for use with staff, spirituality groups and retreats.

PW4.05 - Re-entry: Leaving Residency and Entering Professional Chaplaincy  
*Presented by: Joanne Henley MDiv BCC*

**Level: Beginner**

**Objectives**
- Communicate the goals and objectives of spiritual care to hiring leaders with business backgrounds.
- Create a resume reflective of one’s ability to respond to diverse populations in diverse situations.
- Utilize language in interviews which bridges the gap between those who know CPE and those who do not.

**Description**
Clinical Pastoral Education brings with it a language and capacity for vulnerability, which is not common, but is needed, in board rooms, exam rooms, or break rooms within healthcare organizations. In a time when diversity and inclusion is a key component of organizations and the population is increasingly “spiritual, but not religious,” chaplains desiring a position need the ability to articulate clearly and concretely the skills gained in residency connected to the provision of care and the understanding gained of system and organizational dynamics. Participants will leave this intensive with tips and tools to communicate effectively in the hiring process.
Thursday June 20, 2019 PM 4-Hour Sessions 8:00am – 12:00pm

PT4.01 - Evidence-based Care for the Religiously Unaffiliated, One in Four Americans, at a Time of a Health Crisis
Presented by: Rev. Marta Dabis MS MBA BCC & Rev. Patricia Palmer MDiv MSPH BCC

Level: Intermediate

Objectives
- Explain how Qualitative research is conducted in a specific area, better understanding and serving the Religiously Unaffiliated
- Conclude what could work in a practitioner’s clinical practice based on the Evidence presented
- Inform interdisciplinary colleagues on the research evidence and practice of serving the Unaffiliated

Description
Two research fellows of the Templeton Transforming Chaplaincy grant, from Atlanta and from Ann Arbor, used different approaches to research how to serve better the part of the population who identify as Religiously Unaffiliated. In a panel they summarize their research approaches and findings, reserving time for participants to interactively come to their own conclusions on what could work in their specific organizations, what can be implemented in their practice and how to describe the research evidence to their colleagues. Participants will receive handouts and an opportunity to discuss the content with their peers and the presenters at depth.

PT4.02 - #BlackPatientsMatter: Chaplains Use of SAFER-R to Limit Security Calls on African American Patients

Level: Intermediate

Objectives
- Participants will become familiar with racial disparities in Public Safety and Code Grey calls by examining an 8-year case study highlighted in The Journal of National Medical Association’s “Visiting Black Patients: Racial Disparities in Security Standby Requests
- Participants will learn how the larger current U.S. trend of European Americans calling police on innocent African Americans influences hospital statistics of Public Safety and Code Grey calls on African American patients and families.
- Participants will learn how chaplains can build trusting relationships with medical staff and employ the SAFER-R model to lessen Public Safety and Code Grey calls on African American patients and families.

Description
Racial disparities in healthcare continue to exist. These disparities echo are current country’s racial tension and divide. One of these disparities in healthcare centers on growing statistics of Public Safety and Code Grey calls on African American patients and families versus non-African American patients and families. This PDI will show how chaplains can build trust with medical staff
and employ the SAFER-R model as a pastoral intervention to lessen Public Safety and Code Grey calls specifically on African American patients and families.

PT4.03 - Comfort During the Hard Times: Expanding Spiritual Care in Disaster
*Presented by: Rev. Earl Johnson MDiv BCC*

**Level: Intermediate**

**Objectives**
- Expand their clinical training and experience into the mass casualty disaster setting
- Develop an acute understanding of the spiritual care and chaplaincy template from the Orlando Pulse Nightclub mass murders
- Become advocates for integrated care teams in community settings during extreme disaster situations

**Description**
The Orlando Pulse nightclub mass shootings will provide an exceptional local opportunity for conference participants to develop and expand a working familiarity with the principals of the actual event during the third anniversary of the murders. Local healthcare chaplains were vital to the success of the response and provided great comfort and support to those families of victims, loved ones, and survivors. We will meet, hear, and visit the impacted communities. Presentations will feature new book, "Comfort During the Hard Times" by the presenter.

PT4.04 - Meditation as a Chaplaincy Intervention
*Presented by: Seigan Ed Glassing BFA*

**Level: Intermediate**

**Objectives**
- Chaplains will learn various styles of meditation which will be explored, demonstrated and practiced.
- Chaplains will learn to apply a meditation practice appropriate to the needs of their patient/client.
- Chaplains will learn about meditation supports through interactive apps, instruments, and meditation tools.

**Description**
Meditation is an ancient practice found in nearly all spiritual traditions, and as an increasing amount of people identify as "spiritual but not religious", they may be more open to meditation as an alternative to prayer. Science and medicine are also discovering evidence that mindfulness and meditative techniques lower stress levels, lowers anxiety and PTSD symptoms, and that meditation practice can enhance the natural healing power of the mind and body. In this PDI, the principles of meditation will be explored, and various types of meditation will be demonstrated. Meditation is not a one size fits all, we will explore meditation practices that work with sound and movement, to meditation that focus on visualization, and sacred symbols. Attention will be given to assessing your client and finding which meditation practice best suits their needs. We will also cover ways to introduce, sustain, and adapt meditation into the health care setting, especially thru the use of apps. Finally, this workshop will give chaplains tools to sharpen their own empathic listening and help them enhance their chaplain skills.
PT4.05 - On Demand Spiritual Care with Congestive Heart Failure Patients
Presented by: Dr. Beth Muehlhausen PhD MDiv BCC, David Peacock MTS BCC & Rev. Cathy Chang MDiv BCC

Level: Beginner

Objectives
- Share findings of research project assessing the religious & spiritual (r/s) struggles of patients with Congestive Heart Failure (CHF).
- Discuss on Demand Spiritual Care as an innovative means for meeting the spiritual needs of patients beyond the acute care setting.
- Panel Discussion - chaplains who provided spiritual care to CHF patients (specifically addressing their R/S Struggles) outside of the acute care setting primarily over the phone will share their experience of meeting with patients in non-traditional ways.

Description
Ascension Health has developed "On Demand Spiritual Care" (ODSC) which uses technologies and methods that connect people across physical distances in order to provide spiritual care in all settings across the continuum of care. This intensive will share findings from the first Ascension Health system-wide spiritual care research project (5 states, 6 hospitals) designed to learn how chaplain interventions using on demand technologies affected the religious/spiritual (r/s) struggles facing CHF patients. Researchers will share findings regarding the r/s struggles facing CHF patients. ODSC will be discussed as well as how Ascension has worked systemically to implement this innovation. Included in the intensive is a panel discussion of chaplains who provided spiritual care to patients. They will share the joys and struggles of providing care outside the acute care setting. The audience will be invited to ask questions and participate in the discussion.

PT4.06 - Caring for Mothers and their Babies: Spiritual Care Using a Trauma Informed Approach, and Evidence Based Knowledge of Postpartum Mood Disorders
Presented by: Rev Dorothy Symonds MDiv BCC CT

Level: Beginner

Objectives
- Understand Spiritual Care integrating a relationship-based patient care approach focusing on identifying strengths and resources for building resilience and hope for mothers, mother-baby-dyads and family systems.
- Develop an interdisciplinary, evidence-based approach to providing spiritual care which integrates the intra-psychic function of the patient's spiritual/religious understandings.
- Increase understanding of methods for providing spirituality groups, and individual care, in the unique therapeutic setting of the mother/baby milieu.

Description
Increased understanding of the therapeutic role of trauma informed spiritual care in behavioral health outpatient setting dedicated to evidence based mother/baby care; and, explore, via group discussion, with a RN community in both settings of care how these insights might be adapted in NICU, L and D and High-Risk OB acute care settings. Become familiar with an understanding of
an interdisciplinary team approach to providing care for the mother/baby and the role of spiritual care in the evidence-based treatment of post-partum mood disorders.

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**PT4.07 - Expanding the Boundaries: What Elders Have to Teach Us About Health Care, Aging, and Life.**  
*Presented by: Daniel Duggan MDiv BCC*

**Level: Intermediate**

**Objectives**
- Understand how elders have lost their voice in our culture to author their lives and participate as equals in their health care
- Understand that elders want relationships of mutuality and befriending, not servant relationships, in order to heal and thrive
- Cultivate skills in a ministry with elders that support their autonomy. Chaplains will have new ways to advocate for elders.

**Description**
Elders teach us how to be with them, and how to create community where all are valued. The contemporary medical model does not hold a view of aging that supports elders being the author of their lives and health care. Participants will have a chance to 1) reflect on spiritual assessment that involves both the chaplain and elders exploring what elders want and need, 2) expand the chaplain's boundaries of understanding, care, and skills that help elders be the authors of their lives, and 3) see how what we learn from elders applies to all people in community.

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**PT4.08 - Chaplain Researcher: Research Question and Plan Development**  
*Presented by: Rev. Marilyn J. D. Barnes MS MA MPH BCC, Rev. Geila Rajaee MDiv MPH MPA BCC & Rev. Kelsey White MDiv MSc BCC*

**Level: Intermediate**

**Objectives**
- Engage in chaplaincy, religious, and spiritual research.
- Resources to develop a research question and hypothesis.
- Resources to prepare a research development plan.

**Description**
A key component of conducting research is developing a research question. By participating in this educational opportunity, the learner will be provided with the tools and the support of a chaplain researcher to develop their specific research project. The learner will receive support with taking their research question and conducting a literature search to facilitate their hypothesis generation. Finally, the learner will have the opportunity to prepare a preliminary research development plan which supports their research question thus preparing them to conduct the research project.
Sunday June 23, 2019 4-Hour Sessions 1:30pm – 5:30pm

PS4.01 - Addressing Secondary Traumatic Stress: The Research and Practice of Self Compassion
Presented by: Mia Baumgartner MDiv MNPL BCC

Level: Intermediate

Objectives
• Increase their knowledge of current research on negative bias, and self-compassion, and secondary traumatic stress.
• Assess their own barriers to self-compassion, and positive self-communication.
• Discover at least 3 self-compassion practices

Description
Self-compassion has been identified as a key predictor for lower PTSD symptoms and severity in war veterans. It has also been identified as the highest personal (vs. organizational) protector for burnout in healthcare providers. This PDI will give time for participants to examine research, try some self-compassion interventions and more deeply assess their own barriers to self-compassion. Some dyads, personal assessment, discussion, video and lecture will be used.

PS4.02 - Building Spiritual Strength: An Evidence-Based Approach for Trauma, Moral Injury, and Spiritual Distress
Presented by: Timothy Usset MDiv MA BCC LMFT & Joshua Thomas Morris MDiv MA PhD BCC

Level: Intermediate

Objectives
• Describe moral injury/spiritual distress, their presentations, and associated symptoms in current literature.
• Recognize the importance of spiritually integrated care in treating moral injury.
• Understand Building Spiritual Strength as a treatment option for trauma and moral injury.

Description
Building Spiritual Strength (BSS) has demonstrated promising results for the treatment of trauma, moral injury, and spiritual distress in two clinical trial (Harris et al., 2011; Harris et al., 2018). Attendees of this presentation will be trained on the foundational theory of BSS and how to implement the intervention.
PS4.03 - Getting Started with Qualitative Research in Spiritual Care

Presented by: Allison DeLaney MPH, Rev. John Michael Betz MDiv BCC, Cate Michelle Desjardins MDiv & Beba Tata MPH BCC

Level: Beginner

Objectives

- To understand basic qualitative research methods such as grounded theory, phenomenology, ethnography and content analysis.
- To obtain practical experience with the development of research questions and coding process.
- To explore applications of qualitative research specific to participants settings and interests.

Description

The introductory interactive workshop session will describe and distinguish between four qualitative research methods and their implementation in chaplaincy practice. It will explore the basic steps of qualitative research process focusing on research questions pertinent to each method. Participants will practice using research questions relevant to their own context and interests. They will develop skills in the process of coding and development of themes through sample transcript.