

Blessing written by John Simon, 3/25/20

We live in strange times, new times, different times. The waves of change continue to cascade over us, around us and in us. May the One who loves and embraces us all, cover us in the shadow of almighty wings holding us close until the storm passes over. And until then, may we hold those dear more closely, cherish the small, simple gifts of life and open our hearts to the moments of life that both give and take.

May we remember to look up in the night to see the stars.

May we remember that a smile is free.

May we give the gift of understanding when others are not at their best due to stress.

May divine peace like a river flood us as we continue to fulfill our sacred work caring for others as we care for ourselves.

And like the bird in the picture of peace in the storm, may we not take counsel from our fears retreating backward. But may we with courage step forward holding fast to our true selves and core values of care, compassion, integrity and community. For this too shall pass.

Amen.

Rev. John R. Simon