

2018 APC/NACC Joint Conference Wednesday Professional Development Intensive Listing



8-Hour Sessions

PW8.01 Outcomes-based Healthcare Chaplaincy: Introducing the Religious Comfort Index (RCI)

Presenter:

Jack D. Giddens PhD DMin CTP BCC – Pensacola, FL
Catholic Chaplain, Instructor of Philosophy (Religion) – Providence Hospital, Mobile, Alabama; University of West Florida, Pensacola, Florida

Session Type:

PDI

Session Level:

Advanced

Session Topic:

Patient Satisfaction

Date:

Wednesday, July 11, 2018

Time:

8:00 AM – 5:00 PM

Objectives:

- To introduce results of a research project that establishes the impact and effectiveness of the Religious Comfort Index (RCI), an outcomes-based metric and system for practicing healthcare chaplaincy
- To teach clinical patient skills and a departmental systematic approach to implementing an outcomes-based approach to healthcare chaplaincy as demonstrated by the Religious Comfort Index (RCI) system
- To present the relationship and impact of the Religious Comfort Index (RCI) metric and system on patient satisfaction as measured by HCAHPS scores

Description:

This session intends to introduce clinical skill developments, collaborative departmental developments, and the impact of chaplain interventions on HCAHPS scores from a research project conducted from October 2017 - March 2018 at Providence Hospital in Mobile, Alabama in Collaboration with Ascension Health, Inc., using the Religious Comfort Index (RCI), a metric and system for conducting outcomes-based healthcare chaplaincy co-invented by Dr. Jack D. Giddens, DMIN, BCC, CTP, Catholic Chaplain at Providence Hospital and Instructor of Religion at the University of West Florida, and Dr. Harold G. Koenig, MD, Psychiatrist, Professor, and Director of the Center for Spirituality, Theology & Health at Duke University Medical School.

Recommended Books:

- None

PW8.02 Integrating a Process which Demonstrates Organizational Value and Relevance for Spiritual Care

Presenter:

R. Lee Hayward BA MDiv MA PCC – San Jose, CA
Hayward & Associates

Session Type:

PDI

Session Level:

Intermediate

Date:

Wednesday, July 11, 2018

Time:

8:00 AM – 5:00 PM

Objectives:

- To describe a process for validating chaplains' value as spiritual care providers
- To suggest a possible tool/resource for creating a conversation with your organization regarding your current and future organizational relevance
- To begin to create your implementation plan for going forward

Description:

There is a pressing need to learn a new language in ministry—the language of business. Business leaders do not typically understand the pastoral care world, nor are they going to learn our language. Rather, we must become bilingual if spiritual care is to have value and impact in broader organizational systems and find the language to communicate with the corporate world the needs of ministry and the value of spiritual care. Today it's all about results. And those results need to be tied to the strategic agenda. That's the culture we're dealing with today. This intensive will outline ways to align the worth of your ministry to your organization's business model. Directors, Managers, and Coordinators of Spiritual Care Departments and Mission Integration Leaders will find this intensive particularly useful in translating philosophical language into specific achievable results.

**Participants need to bring their institution's strategic plan, vision, and goals*

Recommended Books:

- None

PW8.03 Intentional Caring: An Introduction to Outcome Oriented Chaplaincy

Presenter:

Brent Peery DMin BCC – Houston, TX
Director of Chaplaincy Services – Memorial Hermann - Texas Medical Center

Session Type:

PDI

Session Level:

Intermediate

Session Topic:

Assessment

Date:

Wednesday, July 11, 2018

Time:

8:00 AM – 5:00 PM

Objectives:

- Understand the historical and theoretical development of outcome oriented chaplaincy
- Articulate the components of outcome oriented chaplaincy
- Demonstrate the practice of outcome oriented chaplaincy

Description:

A confluence of movements within chaplaincy, healthcare and broader culture have made Outcome Oriented Chaplaincy (OOC) a timely topic. We will discuss how OOC can help chaplains provide better care and demonstrate their value within a milieu of evidence-based medicine and organizational quality improvement.

Recommended Books:

- Fitchett, George. 2002. Assessing Spiritual Needs: A Guide for Caregivers. Lima, OH: Academic Renewal Press.
- Roberts, Stephen, Ed. 2011. Professional Spiritual and Pastoral Care: A Practical Clergy and Chaplain's Handbook. Woodstock, VT: SkyLight Paths Publishing.

PW8.04 Turing a Chaplain Story Into a Chaplain Case Study: a Practical Masterclass in Writing for Publication

Presenter:

Rev. Dr. Steve Nolan, PhD MA MSc BC MBACP – Esher, Surrey, UK
Chaplain – Princess Alice Hospice, Esher, UK

Session Type:

PDI

Session Level:

Intermediate

Session Topic:

Research

Date:

Wednesday, July 11, 2018

Time:

8:00 AM – 5:00 PM

Objectives:

- Understand the use of chaplain case studies for research and advancing the profession
- Understand the value of writing a chaplain case study for continuing professional development
- Hone skills in writing their own chaplain case study with a view to publication

Description:

Experienced chaplains (minimum 3 years' experience) bring two pieces of written work (each around 2000 words) to the Intensive: one describing their chaplaincy-patient relationship (including some verbatim recording); one analyzing their work (their 'Assessment of Spiritual Need'; their 'Interventions'; and the patient 'Outcomes'). Participants will work in peer-groups with the tutor to develop their case study towards publication.

Following the Intensive, the tutor offers an additional hour's online consultation with each participant, helping them prepare their case towards submission to a peer-reviewed journal. The tutor does not guarantee any participant will have their work published.

It is highly recommended that the participants bring a laptop to this session.

Recommended Books:

- Fitchett & Nolan (2015) *Spiritual Care in Practice: Case Studies in Healthcare Chaplaincy*
- Fitchett (2011) 'Making our case(s)' *Journal of Health Care Chaplaincy* 17, 1-2, 3-18
- McCurdy (2011) 'Ethical issues in case study publication: Making our case(s) ethically' *Journal of Health Care Chaplaincy* 17, 1-2, 55-74

4-Hour Sessions

PW4.01 Whose Pain is It? Working With Intractable Spiritual Pain at End-of-Life and Developing Resilience

Presenter:

Rev. Amy Jo Jones Lightning MDiv BCC – Beaverton, OR
Hospice Chaplain - Providence Health Systems

Session Type:

PDI

Session Level:

Advanced

Session Topic:

Research

Date:

Wednesday, July 11, 2018

Time:

1:00 PM – 5:00 PM

Objectives:

- Define and identify intractable spiritual pain at end of life
- Understanding the medicalization of intractable spiritual pain
- Knowing our "trigger points" and developing resilience

Description:

Spiritual Caregivers and health care providers can encounter intractable spiritual pain at end of life. Intractable spiritual pain manifests itself in complex ways. This workshop will examine four different and contrasting cases of intractable spiritual pain at the end of life, what kind of interventions were provided, the role of IDG members, and the effect these cases had on the caregiver. This workshop will be interactive as we examine the characteristics of intractable spiritual pain and how to work within those confines in providing patient care. We will examine the importance of maintaining compassionate boundaries and the importance of consultation and debriefing.

Recommended Books:

- Trauma Stewardship – Laura VanDerwoot Lipsky
- American Book of Living and Dying – Richard F. Groves and Henriette Anne Hawser
- The Tao of Healing – Haven Trevino

PW4.02 Meditation as a Chaplaincy Intervention

Presenter:

Seigan Ed Glassing BFA – New York, NY
Staff Chaplain – New York Presbyterian Hospital Columbia University

Session Type:

PDI

Date:

Wednesday, July 11, 2018

Session Level:

intermediate

Time:

1:00 PM – 5:00 PM

Session Topic:

Alternative Therapies

Objectives:

- Chaplains will learn various styles of meditation which will be demonstrated and practiced
- Chaplains will learn to apply an appropriate meditation practice to meet the particular needs of their patient/client
- Chaplains will learn about various meditational apps to use as tools to enhance and support contemplative practices

Description:

Meditation is an ancient practice found in most spiritual traditions, and as an increasing amount of people identify as “spiritual but not religious”, they may be more open to meditation as an alternative to prayer. Science and medicine are also discovering evidence that mindfulness and meditative techniques lower stress levels, lower anxiety and PTSD symptoms, and that meditation practice can enhance the natural healing power of the mind and body.

In this PDI, the principles of meditation will be explored and various types of meditation will be demonstrated. Meditation is not a one size fits all, we will explore meditation practices that work with sound and movement, to meditation that focus on visualization, and sacred symbols. Attention will be given to assessing your client and finding which meditation practice best suits their needs. We will also cover ways to introduce, sustain, and adapt meditation into the health care setting, especially through the use of apps. Finally, this workshop will give chaplains tools to sharpen their own empathic listening and help them enhance their chaplain skills.

Recommended Books:

- Mindfulness for Health, A practical guide to relieving pain, reducing stress and restoring wellbeing Vidyamala Burch and Danny Penman (Piatkus)
- Meditation for Therapists and their Clients C. Alexander Simpkins Annellen Simpkins (Norton)
- Meditation for Dummies, 3rd Edition. Stephan Bodian (Wiley)

PW4.03 Where is the Joy? An Experiential Exploration of the Quadruple Aim's Call for Healthcare Workers to Find Meaning and Joy in Their Work

Presenter:

Rev. Kate McGraw MDiv BCC – Tualatin, OR
Chaplain – Providence Elder at Home

Co-Presenter:

Cantor Linda Shivers BSM DipHazzan – Portland, OR
Chaplain - Providence ElderPlace At Laurelhurst

Co-Presenter:

Rev. Dale R. Carr MDiv MBA BCC – Portland, OR
Spiritual Care Coordinator - Providence ElderPlace

Session Type:

PDI

Date:

Wednesday, July 11, 2018

Session Level:

Intermediate

Time:

1:00 PM – 5:00 PM

Session Topic:

Staff Care

Objectives:

- Have a foundational grounding in the Institute for Healthcare Improvement's Quadruple Aim
- Understand the essential place of aim number 4, finding meaning and joy in work, as a way to improve health and sustain well-being for healthcare teams
- Experience first-hand 4 practices to use with healthcare teams to explore and support them finding meaning and joy in their work

Description:

Professional burnout rates are at an all-time high: 60% of surveyed physicians and 37% of newly licensed RNs are considering leaving their jobs. The Quadruple Aim suggests that joy and meaning in work will effectively combat staff stress and burnout. Meaning and joy are a chaplain's native land, and this intensive will provide us time to explore them. We will ground in understanding the Quadruple Aim, then spend the majority of our time together experiencing and reflecting on 4 practices we can use to support our interdisciplinary teams in finding meaning and joy as they carry out their work.

Recommended Books:

- None

PW4.04 A Pastoral Theology of the Immigrant and Its Implications for Pastoral Care

Presenter:

Peter Kim PhD – Midlothian, VA

Director of Spiritual Care Services and Bereavement Center – Bon Secours Richmond Health System

Session Type:

PDI

Session Level:

Intermediate

Session Topic:

Advocacy

Date:

Wednesday, July 11, 2018

Time:

1:00 PM – 5:00 PM

Objectives:

- Understand the unique experience of the immigrant that opens up new possibilities for theological reflection on theological anthropology, identity, and creative power of life at the margins
- Understand the unique needs of immigrants, migrants, and refugees and the implications for ethical and prophetic approach to pastoral care and counseling
- Develop a postmodern paradigm of pastoral care and counseling suitable for chaplaincy

Description:

This intensive examines a pastoral theology that speaks to the immigrant's experience of living in-between cultures and on the margins of the society and illustrates a fresh approach to postulating a theological framework of human identity and relationality that is relevant to a diverse context of pastoral care and counseling. It introduces new concepts of hospitality and relational ethics based on the lived experience of Korean immigrants in the United States. Furthermore, it suggests practical insights about how the practitioners of pastoral care and counseling could become more effective in their ministry to the immigrant, the migrant, and the refugee.

Recommended Books:

- Crossing the Divide: Foundations of a Theology of Migration and Refugees, Daniel G. Groody, 2010
- Becoming Human, Letty M. Russell, 1982
- Becoming Colorfully Human: A Pastoral Theology of the Immigrant and the Community, Peter S. Kim, 2011

PW4.05 BioSpiritual Focusing Day of Presence

Presenter:

Liz Walz BGS – Westfield, MA
Executive Director – Genesis Spiritual Life & Conference Center

Co-Presenter:

Becky Crane MSW – Williamstown, MA
Staff Psychotherapist – Williams College

Session Type:

PDI

Session Level:

Intermediate

Session Topic:

Alternative Therapies

Date:

Wednesday, July 11, 2018

Time:

1:00 PM – 5:00 PM

Objectives:

- Lead oneself or another person through the steps of Clearing a Space process, increasing the capacity for inner peace and being fully present to oneself, others and the current task or situation.
- Learn and apply concepts of the felt sense, affection teacher, and healing listening to conversations with peers and clients.
- Participants will begin to develop a new relationship with their bodies and begin to learn how to identify and dialog with the messages and information carried in the body.

Description:

BioSpiritual Focusing is a doorway into discovering your body's wisdom and grace. Your experience of this day will include quiet waiting, reflection, and deepening tenderness. This workshop is structured to guide you to awareness of your body's messages, and provides steps back into that awareness after the workshop ends. BioSpiritual Focusing helps you develop a new habit of noticing and nurturing feelings, especially difficult ones. Through prayer, presentations, experiential activities, reflection and discussion you will become more aware of your own sacred story and God's activity in your life. A history and overview of BioSpiritual Focusing will be provided.

Recommended Books:

- Rediscovering the Lost Body-Connection within Christian Spirituality: The Missing Link for Experiencing Yourself in the Body of the Whole Christ is a Changing Relationship to Your Own Body by Edwin M. McMahon Ph.D. and Peter A. Campbell Ph.D.

PW4.06 Human Trafficking & Spiritual Care: Developing & Sustaining Spiritual Care Initiatives with Victims & Survivors

Presenter:

Chaplain Rev Penny Stacy MDiv MACM BCC – Cincinnati, OH

Session Type:

PDI

Session Level:

Intermediate

Session Topic:

Crisis

Date:

Wednesday, July 11, 2018

Time:

1:00 PM – 5:00 PM

Objectives:

- To intentionally and critically examine the role Spiritual Care has in the field of Human Trafficking
- Become familiar with evidence that persons who have been trafficked can have a spiritual perspective about their experience characterized by resilience and a desire to share new found wisdom
- To help chaplains develop and maintain research protocols/literacy, including the ability to critically read research and, where appropriate, apply findings in their professional practice

Description:

A key challenge for Spiritual Care providers is identifying characteristics of a Human Trafficking victim and ministering to them. Spiritual Care is a key component in helping victims begin inner healing. This professional development intensive is presented by a 17 year survivor of Human Trafficking who is also a Board Certified Chaplain. This educational opportunity will use lecture and interactive experiential research to meet educational objectives. This activity is appropriate for all attendees, including those just starting out or those who are looking to expand their skills in providing spiritual care to this population. The presenter will utilize real case examples to help attendees develop strategies to help themselves, colleagues and survivors with spiritual struggles around this topic.

Recommended Books:

- The Cry of Tamar by Pamela Cooper-White
- Human Trafficking in Ohio by Jeremy Wilson and Eric Dalton
- Girls Like Us by Rachel Lloyd

PW4.07 The Role of the Chaplain in Healthcare Ethics

Presenter:

M. Jeanne Wirpsa MA BCC – Chicago, IL
Senior Staff Chaplain & Clinical Ethicist/Manager, Medical Ethics Program – Northwestern Memorial Hospital

Session Type:

PDI

Session Level:

Intermediate

Session Topic:

Research

Date:

Wednesday, July 11, 2018

Time:

1:00 PM – 5:00 PM

Objectives:

- Describe the various ways chaplains partner with medical ethics committees and consultants to promote ethical decision making in the healthcare setting
- Comprehend and apply key ethical concepts and principles that inform clinical medical ethics
- Gain skill in negotiating ethical dilemmas where religious beliefs and values are central

Description:

Chaplains are frequently called upon to clarify patient values, provide insight into religious beliefs that impact decision making, and address moral distress. Because of their unique professional perspective, skill in communication, and comfort with ambiguity chaplains sit on ethics committees. Some are even asked to serve as the clinical ethicist for their institution. Yet chaplain training often fails to promote competency in this area and few chaplains receive formal education in healthcare ethics. This interactive, case-based intensive examines concepts such as informed consent, decisional capacity, futility, the principle of double effect, and refusal of medical care on the basis of religious belief while facilitating chaplain skill as partners in moral deliberation.

Recommended Books:

- American Society of Bioethics & Humanities, Addressing Patient-Centered Ethical Issues in Health Care: A Case-Based Study Guide
- Tom Beauchamp and James Childress, Principles in Biomedical Ethics, 6th edition, Oxford University Press, 2009

PW4.08 The Value and Practice of Qualitative Research in Spiritual Care

Presenter:

Tim Cranfill DMin DCoun BCC – San Antonio, TX
Director of Pastoral Care/Regional Director of Bereavement Services – Northeast and Mission Trail Baptist Hospitals/Baptist Health System

Session Type:

Workshop

Date:

Wednesday, July 11, 2018

Session Level:

Intermediate

Time:

1:00 PM – 5:00 PM

Session Topic:

Research

Objectives:

- Demonstrate an understanding of purposes and values of qualitative research in general
- Demonstrate an understanding of the components and processes involved in qualitative research as applied to spiritual/pastoral care
- Conduct a basic qualitative research project of their own

Description:

This workshop will introduce basic and intermediate qualitative research methods to the participants, facilitate an understanding of the general value of qualitative studies, and explore how qualitative studies can specifically relate to and have significant value for spiritual care. Issues such as research validity, protection of human subjects, ethical and legal requirements for the use of an IRB will be discussed along with the processes involved in conducting a qualitative study.

A minimum of three specific qualitative methodologies will be introduced. The workshop will include an experiential component where the participants will conduct a "mini-interview" and participate in a coding, analysis and interpretation exercise. Participants will discover the implications of qualitative studies for spiritual care, examples of what qualitative data can tell us, and what care and intervention directions qualitative data can suggest for the provision of spiritual care.

As pastoral/spiritual caregivers, we already do this work intuitively with our patients on a day to day basis, why not make the leap to utilizing our current skills as tools for research? As chaplains, we value the judicious use of self in our interactions with patients and one another. In much the same way, qualitative research values the judicious use of the self of the researcher - as the researcher is the tool in qualitative research. The primary aim of this workshop is to enable and encourage participants to return to their home environments and engage in improving the quality of care through the use and application of qualitative research. The secondary aim of this workshop is to encourage and engage participants to contribute to the existing literature on spiritual/pastoral care through the implementation and application of basic, intermediate, and sophisticated qualitative studies.

Recommended Books:

- Qualitative Research Design: An Integrative Approach, 3rd Edition, Joseph A. Maxwell