SU1.01 Measureable Metrics for Pastoral Care Departments

 Presenter:  
Becky Baile Crouse DMin MDiv BCC – Warrensburg, MO  
Clinical Manager – Children's Mercy Hospital
Co-Presenter:  
Katie Chepulis MDiv BCC – Kansas City, MO  
Clinical Manager – Children's Mercy Hospital

 Session Type: Workshop  
Session Level: Intermediate  
Session Topic: Advocacy

 Date: Sunday, July 15, 2018  
Time: 8:15 AM – 9:45 AM

 Objectives:  
- To describe the process of incorporating the Daily Management System (Lean) into chaplaincy programs within the hospital setting  
- To share how the Spiritual Services department made the leap from clinical to psychosocial metrics  
- To describe the impact on the chaplain's ability to communicate effectively and the impact of continuous improvement related to patient and family care

 Description:  
What do huddles, Harvey Balls and handoffs have in common? They are all part of the LEAN Daily Management System being implemented in many healthcare institutions. This program originated in the Toyota manufacturing line and now is assisting with performance improvement in the medical field. Children’s Mercy Hospital Spiritual Services Department staff immersed themselves in a two-day workshop to brainstorm about their workload, situational awareness and metrics to improve their delivery of family centered-care. The physicians and Nurse Managers conveyed their excitement about the measures for productivity developed by the chaplains. Come learn about these tools and share ideas for performance improvement and ways to measure productivity in the world of spiritual care!

 Recommended Books:  
- Paging God by Wendy Cadge  
- Making Health Care Whole by Christina Puchalski and Betty Ferrell  
- Spiritual Needs & Pastoral Services by Larry Vandecreek
SU1.02 Using Art with Pediatric Palliative Care Patients/Families to Facilitate Spiritual Exploration

Presenter:
Kirstin Springmeyer MDiv BCC – Richmond, TX
Pediatric PACT Chaplain – Texas Children’s Hospital

Session Type: Workshop
Session Level: Beginner
Session Topic: Alternative Therapies

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Identify strengths of using art to facilitate spiritual exploration
- Demonstrate 3 art forms through 3 palliative care examples
- Apply art as a simple coping strategy

Description:
This workshop will provide a variety of art forms that are easily used at the patient’s bedside, provide case examples that demonstrate the depth of spiritual/faith meaning making for patients and families, and participate in a simple art activity.

Recommended Books:
- The Expressive Arts Activity Book: A Resource for Professionals – Suzanne Darley & Wende Heath
- Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction – Christine Valters Paintner & Betsey Beckman
- Sacred Symbols: Coloring Experiences for the Mystical and Magical – Lydia Hess
SU1.03 Meaning Making and the Patient Story: Narrative Medicine and Spiritual Assessment

Presenter:
Anne Windholz PhD MDiv BCC – Elk Grove Village, IL
Staff Chaplain – AMITA Health Alexian Brothers Medical Center

Session Type: Workshop
Session Level: Intermediate
Session Topic: Assessment

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Describe narrative medicine, its assumptions and concepts
- Create a patient-centered plotline of a challenging case they have faced, including analysis of character roles, narrator reliability, and spiritually significant symbols or metaphors
- Recognize the influence of spiritual interventions on patient plot outcomes as well as the impact of competing storylines

Description:
Indebted to physician and literary scholar Rita Charon, the field of narrative medicine has achieved national and even international recognition for promoting patient-centered care in 21st-century medical schools. While chaplains have long championed the power of a patient’s story to effect change in teller and listener, the practice of narrative medicine has implications for how plot, characterization, and narrative technique might become tools of spiritual assessment and interdisciplinary collaboration. This workshop will present how chaplains can use literary analysis to help patients identify their spiritual and healthcare goals, give meaning to their experience, and recognize aids and obstacles to healing.

Recommended Books:
- Narrative Medicine: Honoring the Stories of Illness, Rita Charon
- “Narrative Humility” The Lancet 371 (March 2008): 980-81, Sayantani DasGupta
**SU1.04 Unquenchable Hope: Understanding the Spiritual Underpinnings of End of Life Conflicts for African-American Families in Critical Care**

**Presenter:**
Lauren Frazier-McGuin MDiv BCC ACPE-CE – Dallas, TX  
Chaplain/Manager of CPE Programs – Baylor University Medical Center

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**Objectives:**
- Enhance their understanding of the theological and spiritual foundations of resistance to end of life conversations in African American culture
- Enhance their understanding of the conflicts between African-American culture and Western clinical culture
- Develop strategies for facilitating dialogue with African-American families around end-of-life issues

**Description:**
This lecture will explore the theological basis for the conflicts that often arise between African-American families and clinical staff when Withdrawal of Life Support or Comfort Care is recommended. Chaplains are often consulted to provide interventions that will somehow convince the family to accept the staff's recommendations. Many times, they are caught in the middle, witnessing a family's struggle to say goodbye to a loved one and the clinical staff's bitterness over extending care that is viewed as inappropriate and unethical.

**Recommended Books:**
- None
SU1.05 Developing a Transgender Patient Care Policy

Presenter:
Anthony Eggleston MDiv BCC – Bakersfield, CA
Staff Chaplain – Dignity Health

Co-Presenter:
Carol Bayley PhD – San Francisco, CA
Vice President of Ethics and Justice Education – Dignity Health

Session Type: Workshop
Session Level: Beginner
Session Topic: Diversity

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Understand and articulate the basic tenets of gender nonconformance and transgenderism in a healthcare setting
- Understand and articulate the importance of a nondiscrimination policy that specifically addresses the transgender community
- Take the first steps to implement a transgender inclusive nondiscrimination policy in their local context

Description:
Do you think that your local context precludes implementing a policy to protect from discrimination of patients who identify as transgender? Hear about how one Catholic hospital formalized a process for treating patients who identify as transgender with respect and dignity, and was able to develop and implement a policy to do just that. The workshop will begin with a brief explanation of sexual orientation versus gender identity and its role in healthcare.

Recommended Books:
- None
SU1.06 Aid in Dying and End of Life Options - Chaplaincy Practice in States where Physician Assisted Dying is Legal

Presenter:
Allison Kestenbaum MA MPA BCC – La Jolla, CA
Palliative Care Chaplain – UC San Diego Health

Co-Presenter:
Joanne Laurence MA Buddhist Chaplaincy – Portland, OR
Chaplain – Providence Hospice

Session Type: Workshop
Session Level: Beginner
Session Topic: Ethics

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Review literature about spiritual needs of people interested in physician assisted dying as well as practices of chaplains in states where this is legal through clinical vignettes
- Identify and explore ethical principles, issues and opportunities for spiritual care
- Learn a model for assessing and addressing spiritual needs with patients who express interest in this option

Description:
Physician Assisted Dying is now legal in some form in five states. Chaplains are often consulted by patients and other clinicians about physician assisted dying. In this workshop we will review the literature on this topic, explore case presentations and present tools for assessing spiritual needs for patients interested in this option. The presenters will draw on extensive clinical experience as palliative care and hospice chaplains in California (End of Life Option Act) and Oregon (Aid in Dying). Participants will also have the opportunity to explore ethical implications as well as their own moral and professional perspectives.

Recommended Books:
- None
SU1.07 Chaplain Facilitated Advance Care Planning in Physician's Medical Practice Offices

Presenter:
Aoife C. Lee DMin BCC – Oak Park, IL
Director of Spiritual Care & Mission – Rush Oak Park Hospital

Session Type: Workshop
Session Level: Advanced
Session Topic: Partnerships

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Develop a values-based healthcare decision-making process with patients in the outpatient setting
- Manage relationship with physicians and clinic staff to provide support for the patient encounter with a chaplain and develop appropriate selection criteria
- Design an electronic medical record charting method to become a revenue provider linked to supporting physicians

Description:
In 2016 Medicare regulations were revised permitting reimbursement when physicians have conversations with their patients about advance care planning (ACP). Despite this incentive many barriers to having these conversations remain. This workshop will describe a pilot project in which a chaplain partnered with a primary care physician to offer ACP conversations to selected patients in the physician’s practice. All of the patients (n=60) whom the physician referred had a conversation with the chaplain, 78% of them completed advance directives as a result of these conversations. The project has led to adding 0.50 FTE chaplains in order to expand these services.

Recommended Books:
- None
SU1.08 Storying: The Gift that Keeps on Giving

Presenter:
Rod Accardi DMin BCC – Winfield, IL
Director of Spiritual Care and Education – Northwestern Medicine Central DuPage Hospital

Co-Presenter:
Karen Pugliese MA BCC – Winfield, IL
Advanced Practice Chaplain – Northwestern Medicine Central DuPage Hospital

Session Type: Workshop
Session Level: Beginner
Session Topic: Partnerships

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Preserve and share the stories of people affected by serious illness, including caregivers
- Articulate the necessity of organizational alignment (e.g. Patients First, Teamwork, patient engagement, employee engagement, Magnet Relationship Based Care, etc.)
- Strategize ways of operationalizing Narrative Theology that honors patient/family/caregiver stories, partners with staff in enhanced listening, preserves the voice of the patient for generations to come

Description:
At the heart of spiritual care is eliciting, listening to, discerning spiritual significance within, and honoring patient stories. Chaplains do not engage in this ministry in isolation, but rather within a web of connection. StoryCorps Legacy encourages and supports the act of reminiscence for people with serious illness and their families. This workshop will tell the story of how we became aware of StoryCorps Legacy, applied for and secured funding for the program, selected and trained Facilitators, partner with staff to identify patients for recording, and how we continue to spread the word and celebrate the fruits of this partnership.

Recommended Books:
- None
SU1.09 How Our Multi-faith Covenant Creates Joy in Working Together in a Sacred Place

Presenter:
Bronwen Jones BMus – Los Angeles, CA
Cancer Center Chaplain – Cedars-Sinai Medical Center

Co-Presenter:
Father John Sigler BCC – Los Angeles, CA
Catholic Chaplain – Cedars-Sinai Medical Center

Co-Presenter:
Rabbi Jason Weiner BCC – Los Angeles, CA
Senior Rabbi, Manager – Cedars-Sinai Medical Center

Session Type: Workshop
Session Level: Intermediate
Session Topic: Partnerships

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Consider writing a covenant to strengthen their spiritual care team and/or a transdisciplinary team
- Learn some new ideas on creative collaboration in taking care of each other, our patients, and hospital staff
- Experience the role of humor in the spiritual care department

Description:
We will bring to life the role of our Spiritual Care Department's covenant, which guides the work of the staff chaplains at Cedars Sinai Medical Center. Central to the covenant is nurturing the physical, psychological, emotional and spiritual well-being of our whole department. This inspired the creation of self-care teams. Rabbi Jason Weiner, Father John Sigler, and Chaplain Bronwen Jones teamed up three years ago. We believe our quality of spiritual care for patients is enhanced by our intentional care for each other. We will share our covenant, our mission statement, and how we work together. We will have stories of how our deep traditions can collaborate.

Recommended Books:
- None
SU1.10 Spirituality in the Context of Vicarious Trauma

Presenter:
Beth Muehlhausen PhD MDiv BCC – Indianapolis, IN
Chaplain/Researcher – St. Vincent Health Indiana

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Objectives:
- Articulate a beginning understanding of qualitative research, specifically phenomenology methodology
- Identify spiritual patterns that aid in coping with vicarious trauma
- Discuss implications for spiritual care departments in caring for front line staff who work with trauma patients and their families

Description:
This workshop will share findings from a qualitative research project that sought to understand the role of spirituality in vicarious trauma. Doctors, nurse practitioners and physicians’ assistants who work directly with trauma patients were interviewed in person regarding how their spirituality impacted their work and how their work impacted their spiritual beliefs. The 24 research participants included 19 Christians, 1 Conservative Jew, 1 Hindu, 1 Muslim and 2 Humanists. Physicians represented surgery, orthopedics, emergency, critical care/pulmonology and neurosurgery. Spiritual patterns emerged across religions and specialties including: 1) spirituality as a guiding force 2) strong need for a support system 3) use of coping mechanisms and 4) vicarious growth.

Recommended Books:
- None
SU1.11 Integrating Research Literacy into Spiritual Care Education and Practice

Presenter:
Rev. Christina Shu – Los Angeles, CA
Lead Interfaith Chaplain – Cedars-Sinai Medical Center
Co-Presenter:
Rev. Pamela Lazor – Los Angeles, CA
CPE Program Lead – Cedars Sinai Medical Center

Session Type: Workshop
Session Level: Intermediate
Session Topic: Research
Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- Discuss the successful integration of a research literacy educational component into a CPE program and Spiritual Care Department
- Equip staff chaplains who are interested in research/research literacy to teach and work with CPE students/programs and other chaplains to enhance their research literacy skills
- Evaluate the challenges and benefits of building capacity for and implementing a research literacy educational program

Description:
Research literacy is a requirement for board certification and an essential skill for professional chaplains. This workshop focuses on the integration of research literacy into a CPE program and Spiritual Care Department. In 2016, Cedars-Sinai received the Transforming Chaplaincy grant for implementing a research literacy curriculum and developed this curriculum to fit the needs of CPE students, alumni, and staff chaplains. Chaplains who completed the curriculum reported a deeper understanding of research, and greater likelihood to pursue and integrate research into their professional practice. Using research is now incorporated into the routine functioning of our CPE program and Department.

Recommended Books:
- None
SU1.12 Grieving at the Gate

Presenter:
Dr. Malachia Brantley, Jr. DMin – Hillside, NJ
Supervisor of Chaplains – Northern State Prison

Session Type: Workshop
Session Level: Beginner
Session Topic: Self-Care

Date: Sunday, July 15, 2018
Time: 8:15 AM – 9:45 AM

Objectives:
- To acknowledge loss for both inmate & community
- To seek ways to process grief in a penal society
- To provide tools (skills) in healing for those scared of grief

Description:
This workshop will redefine the definition of grief. Many persons associate grief with death only. Nevertheless, when a person is incarcerated, their life as they knew it ceases. It is like death. The remains of the dead are removed. With incarceration, the person is physically removed. This absence, as with a death, brings a sense of grief, which in the case of incarceration is with both the convict and community. The convict and community have to learn new ways of coping with their grief. When this grieving process is complete there will be improvement in both psychological and spiritual balance.

Recommended Books:
- None
SU1.13 Role Development Interruption: The Chaplain Gets Cancer

Presenter:
Kathleen Baughman MDiv BCC - Phoenix, AZ
Chaplain, Cancer Center - Mayo Clinic Arizona

Session Type: Workshop
Date: Sunday, July 15, 2018
Session Level: Intermediate
Time: 8:15 AM – 9:45 AM
Session Topic: Self-Care

Objectives:
- Identify professional and personal impact of a cancer diagnosis for a chaplain serving cancer patients in the outpatient setting
- Describe challenge to role development caused by treatment hiatus for chaplain in new role as a cancer center chaplain
- Identify self-care strategies in the midst of a cancer treatment and continued ministry to patients, families and staff

Description:
The workshop explores the unique experience of being a cancer care provider and cancer patient, receiving care in her primary clinical setting. Learning objectives are achieved with personal narrative enhanced by PowerPoint, visual imagery, and poetry. Per 2012-2014 data, The National Cancer Institute estimates that about “38.5% of men and women will be diagnosed with cancer of any site at some point during their lifetime.”* Thus, living with a cancer diagnosis may become reality for a sizeable number of chaplains. If we can use self-care strategies to spiritually, emotionally, physically and professionally care for ourselves while walking our own cancer journeys, we will be transformed both as chaplains and, as human beings. *(https://seer.cancer.gov/statfacts/html/all.html.)

Recommended Books:
- Daneault, Serge. The wounded healer: Can this idea be of use to family physician? Canadian Family Physician. 2008 Sep; 54(9): 1218–1219.