SA2.01 Troops 101: Helping Our Troops Come Home

Presenter:
Dr. Gordon D. Ritchie DMin BCC – Stafford, VA

Session Type: Workshop
Session Level: Beginner
Session Topic: Advocacy

Date: Saturday, July 14, 2018
Time: 3:00 PM – 4:30 PM

Objectives:
- Understand unique challenges our veterans and their loved ones’ face in their daily lives
- Learn ways that our society, places of worship, employers, friends, and families can help veterans reintegrate into our communities
- Discover the different approaches and resources available to support PTSD and moral injuries recovery

Description:
With less than 1% of our population having served in the military, there is a lack of understanding regarding what our warriors face in their personal and professional lives. We will explore some of the differences between civilian and military communities. We will discover ways of supporting our troops and loved ones before, during, and after deployments as well as help them recover from the wounds of war.

Recommended Books:
- None
SA2.02 The Catholic Sacrament of Anointing of the Sick: What's it About, for Whom and When

Presenter:
Rev. Richard W. Bauer MM – Nairobi, Kenya
Eastern Deanery AIDS Relief

Co-Presenter:
David A. Lichter DMin – Milwaukee, WI
Executive Director – NACC

Session Type: Workshop
Session Level: Intermediate
Session Topic: Alternative Therapies

Date: Saturday, July 14, 2018
Time: 3:00 PM – 4:30 PM

Objectives:
- Articulate the origin, development, purpose, meaning, and prior names of the Sacrament of Anointing, and its relationship to other sacraments that might be requested, such as sacraments of penance and Eucharist
- Explain its current practice and benefit to care recipients and their families
- Know how to assess the circumstances within which the Sacrament should or should not be offered

Description:
The Sacrament of Anointing, once known as Last Rites or Extreme Unction in the Catholic Church, is not always understood by Catholic patients, as well as those who do not practice the Catholic faith. However, it is a rich spiritual resource, that when explained well and chosen for the proper circumstances can be valuable source of healing and strength for the care recipient and the family. This workshop will provide a brief, clear background on the Sacrament, some examples of integrating the sacrament into chaplaincy interventions, and helpful ways to talk about and help discern when to offer this Sacrament.

Recommended Books:
SA2.03 Strength on the Fringes: Building Diversity in Chaplaincy Staff

Presenter:
Rev. Stephen J. Weisser MDiv BCC – Reading, PA
Director of Spiritual Care and Education – The Reading Health System

Co-Presenter:
Tahara Akmal MA – Reading, PA
Director of CPE, and ACPE Certified Educator - Reading Hospital School of Health Sciences

Session Type: Workshop  
Session Level: Intermediate  
Session Topic: Diversity  
Date: Saturday, July 14, 2018  
Time: 3:00 PM – 4:30 PM

Objectives:
- Identify community, cultural forces, and attitudes that reinforce or create obstacles in the delivery of spiritual care
- Building a diverse staff of chaplains and CPE students from fringe communities
- Finding strength and opportunity in the obstacles encountered in the delivery spiritual care for ourselves and others

Description:
We live in a diverse and complex world. Spiritual care departments provide chaplaincy that promotes diversity that is multi-faith, multicultural, and equal for all people as they are pressed by the same external forces. Often these same challenges have helped to guide professionals called to the vocation of chaplaincy. This workshop will provide an opportunity to explore the challenges of building a multi-faith, multicultural department, explore feelings chaplains have who live with specific issues of exclusion, discrimination, disability, other challenges, and explore the gifts and resource barriers offer to the vocation of chaplaincy.

Recommended Books:
- None
SA2.04 Chaplain, What Do I Need to Know About Hmong/Yup’ik/Orthodox Old Believer patients? – Improving Cross Cultural Competency

Presenter:
Rev. Susan Halvor BCC MDiv – Anchorage, AK
Manager, Spiritual Care – Providence Alaska Medical Center

Co-Presenter:
Fr. Ron Galt MA BCC – Anchorage, AK
Director of Mission Integration – Providence Alaska Medical Center

Session Type: Workshop
Session Level: Intermediate
Session Topic: Diversity

Date: Saturday, July 14, 2018
Time: 3:00 PM – 4:30 PM

Objectives:
- Understand the way the nuances of their own cultures (including Western Medical Culture) are significant when engaging people from other cultures
- Creatively engage staff in their settings to increase awareness, understanding and skills when encountering different cultures, with new strategies to promote learning and change
- Name at least 4 aspects of different cultures that impact the health care a person may receive

Description:
We will share our experiences from living and working in one of the most diverse cities in the nation, with a very different set of cultures than most of the country. For example the school district where our hospital is located has 107 different languages spoken (Anchorage, Alaska). Our workshop will be informed by the creative ways we have found to engage and educate hospital caregivers about different cultures including: presenting a conference on cross-cultural communication, training about working with interpreters, bringing understanding about health and community concerns of local refugees, and having panels representing various groups in our community (Hmong, Alaska Native, Military, LGBTQ, Samoan, Muslim, etc.).

Recommended Books:
- Caring for Patients from Other Cultures, 5th Edition – Geri-Ann Galanti
SA2.05 Crossing the Border: Developing a Justice Based Approach to Pastoral Care for the future in Partnership with Immigrants, Persons of Color and the Incarcerated

Presenter:
Rev. Dr. Judith Silva MDiv DMin – York, PA
Manager of Spiritual Care and Education – Well Span Health

Session Type: Workshop
Session Level: Intermediate
Session Topic: Diversity

Date: Saturday, July 14, 2018
Time: 3:00 PM – 4:30 PM

Objectives:
- To learn about ways in which the barriers which keep us from uniting can be broken to form healing partnerships between each other in the future
- To explore how specific groups i.e. immigrants, persons of color and the incarcerated are in need of healing partnerships for embracing of their full personhood
- To expand how our current methods of pastoral care giving can be more justice based to help create a more inclusive approach to caring for those in need of pastoral care that is holistic and addresses not only individual but systemic needs for healing care of persons and worlds

Description:
In our traditional methods of pastoral care giving we are accustomed to the clinical method of learning and medical model in diagnosing and caring for persons in need of pastoral care. In the hospitals and institutions in which we work there are increasing populations of persons like immigrants, persons of color i.e. African Americans, Latinos, Native Americans and other ethnic groups as well as incarcerated persons who are needing to be cared for. In this workshop alternative methods of pastoral care giving techniques based on a justice based approach to pastoral care and counseling will be discussed as a method of providing individual as well as systemic approaches to pastoral care. Because of the systemic oppression and institutional factors which are currently impacting various communities in our nation i.e. immigrants, persons of color and the incarcerated, this workshop will recognize the importance of context and how a psycho-systemic approach to pastoral care is needed in Care of Persons and Care of Worlds for empowering communities in need of partnership with pastoral caregivers of the future. If you have ever wondered about alternative methods of pastoral care giving for groups who suffer from barriers of injustice and would like to partner for the future in a new way with them then this workshop is for you.

Recommended Books:
- Injustice and Care of Souls: Taking Oppression Seriously in Pastoral Care, authors Sheryl A Kujawa-Holbrook & Karen Montagno, 2009
- The New Jim Crow: Mass Incarceration in the Age of Color Blindness by Michelle Alexander, 2012
- Pastoral Theology in an Intercultural World by Emmanuel Lartey 2013
- Bridging the Cultural Divide: Developing Cross Cultural Sensitivity as a Multicultural Person unpublished article by Rev. Dr. Judith Silva, MDiv, DMin
- Ministry at the Margins: The Prophetic Mission of Women, Youth and the Poor author Cheryl Sanders 2009
- The Protestant Ethic and the Spirit of Punishment author T Richard Snyder, 2001
SA2.06 Exploring Best Practices in Documentation: The Case of Palliative Care

Presenter:
Rev. Katie Pakos Rimer MDiv EdD BCC – Boston, MA
Director, Department of Spiritual Care – Beth Israel Deaconess Medical Center

Co-Presenter:
Laura Kelly MDiv – Richmond, VA
Chaplain Resident 2 – Virginia Commonwealth University Medical Center

Co-Presenter:
Kathleen Kelleher MDiv BCC – Boston, MA
Chaplain – Beth Israel Deaconess Medical Center

Session Type: Workshop
Session Level: Intermediate
Session Topic: Documentation

Date: Saturday, July 14, 2018
Time: 3:00 PM – 4:30 PM

Objectives:
- Identify thematic patterns of current documentation practice in palliative care spiritual assessment
- Discuss strategies for implementation of recommended best practices for spiritual care documentation in palliative care.
- Communicate effectively with interdisciplinary teams within the palliative care context

Description:
Chaplains are members of the health care team. We have access to patient records and are expected to document our care in those records. Yet the profession lacks agreed upon best practices about chaplains’ documenting spiritual care. The aim of this project and presentation is to explore best practices in chaplains’ documenting spiritual care in patients’ medical records. To provide focus, we will address the case of documenting spiritual care for patients specifically in palliative care, specifically a thematic analysis of current documentation, and how such present data informs best practices for communication in an interdisciplinary palliative care context.

Recommended Books:
- None
SA2.07 All I Need is a Miracle: Responding to the Hope for a Miracle in Health Care Settings

Presenter:  
Trevor M. Bibler PhD – Houston, TX  
Assistant Professor of Medicine – Baylor College of Medicine

Co-Presenter:  
Myrick C. Shinall, Jr. MD PhD – Nashville, TN  
Assistant Professor - Vanderbilt University Medical Center

Co-Presenter:  
Thomas Payne MTS – Portland, OR  
Clinical Chaplain - Providence St. Vincent Medical Center

Session Type: Workshop  
Session Level: Intermediate  
Session Topic: Ethics

Date: Saturday, July 14, 2018  
Time: 3:00 PM – 4:30 PM

Objectives:  
- Identify and assess the complexity of miracle-language  
- Use theological and pastoral resources available when responding to the hope for a miracle  
- Responsibly engage and sensitively respond to patients and families who hope for a miracle

Description:  
When patients or surrogates rely on the possibility of a miracle to orient their medical decisions, healthcare teams often call upon chaplains and other pastoral care professionals to assist in supporting and addressing such expressions of hope. However, there is little guidance that integrates practice with theology, ethics, and clinical considerations. In this interactive lecture, we assist chaplains in understanding and responding to those who hope for a miracle by offering: a taxonomy of miracle-language, resources from within primarily Judaic and Christian traditions, and practical suggestions that attend to both spiritual suffering and clinical realities.

Recommended Books:  
- None
**SA2.08 Logged in or Locked Out: Fostering Therapeutic Communication in the Cellular Age**

**Presenter:**
Bernard C. Jorn MDiv MEd BCC LMHC – Jacksonville, FL
Chaplain – Brooks Rehabilitation Hospital

**Co-Presenter:**
Keels S. Jorn MD – Jacksonville, FL
Doctor – Mayo Clinic Jacksonville

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**Objectives:**
- Identify situations where the use of cell phones is maladaptive to adjustment and coping
- Model healthy communication techniques to patients and family members
- Employ innovative methods of using cell phones with patients to enhance communication

**Description:**
Communication involves verbal and nonverbal expression. With increased reliance on cell phones and texting, the “art of expression” is being lost. This raises multiple challenges within the clinical setting, where patients, family, and staff must speak in real-time, face-to-face. Sharing thoughts and emotions can be extremely threatening to someone who normally uses emoji’s. Patients and caregivers may retreat to Snapchat and Facebook rather than talking. And staff, in their own struggles, often need eye-contact over texting. This session, led by chaplain and physician, will be a creative and engaging look into these and other challenges of the cellular age.

**Recommended Books:**
- None
### SA2.10 Translating Spiritual Care into Integrated Primary Care Settings

**Presenter:**
Danielle C. Worthington PhD LCP – Indianapolis, IN  
Fellow – HJF/USUHS/CHAMP

**Co-Presenter:**
Elizabeth Austin Alders – MDiv MS – Pinehurst, NC  
Research Assistant – HJF/USUHS/CHAMP

**Co-Presenter:**
Kathleen G. Charters – PhD RN CPHIMS – Bethesda, MD  
Spiritual Performance Program Analyst – HJF/USUHS/CHAMP

**Session Type:** Workshop  
**Session Level:** Intermediate  
**Session Topic:** Partnerships

**Date:** Saturday, July 14, 2018  
**Time:** 3:00 PM – 4:30 PM

**Objectives:**
- Collaborate effectively with medical care staff and personnel in outpatient primary care settings.
- Implement the use of a newly developed 10-item spiritual distress screening tool in outpatient settings.
- Assist medical providers and staff in better understanding the services provided by Chaplains in outpatient settings with the aim of improving patient-centered care and expanding the reach of spiritual care programs.

**Description:**
As patient-centered medical homes gain traction, there is an opportunity for Chaplains to increase the scope of their services through integrated care in outpatient medical settings. However, medical providers are not always familiar with the services that a Chaplain can provide or adept at recognizing spiritual concerns that are impacting their patients. This workshop will provide detailed information on effective strategies that Chaplains can use to work with and educate medical care teams in order to assist in the identification of individuals in need of spiritual care and increase the number appropriate referrals to chaplains from the outpatient medical setting.

**Recommended Books:**
SA2.11 Spirituality as an Inherently Psychological Process: Integrating Evidence Based Practices from the Field of Psychology to Create Effective Pastoral Interventions

Presenter:
Chaplain Michael Sibley MDiv BCC – Lexington, KY
Psychiatric Chaplain – Eastern State Hospital

Session Type: Workshop
Session Level: Advanced
Session Topic: Research
Date: Saturday, July 14, 2018
Time: 3:00 PM – 4:30 PM

Objectives:
- The participants will be able to find and evaluate appropriate sources of evidence based literature from the field of psychology and be able to consider the source’s capacity to inform a potential pastoral intervention or care technique.
- The participants will be able to recognize the value of the evidence base from the field of psychology in formulating and delivering pastoral interventions and will learn methods to integrate this evidence base toward their work in their current ministerial context.
- The participants will be able to take evidence based practices from the field of psychology and utilize them in developing effective pastoral interventions and creating sound evidence based practice in the field of pastoral care moving ultimately toward developing a body of evidence based information that can guide the field of pastoral care and counseling.

Description:
A review of the literature related to pastoral interventions in a psychiatric context renders very little in the way of evidence based practice related to effective pastoral interventions for psychiatric patients. The field of psychology, on the other hand possesses a wealth of evidence based interventions and techniques. By integrating the techniques supported by the evidence in the field of psychology with best practices and "doing what works" from a pastoral care perspective, effective pastoral support can occur as the evidence base from the field of psychology can serve as a scaffold for the field of pastoral care as it seeks to develop its own evidence based practice. The purpose of this presentation is to discuss the interplay between psychological interventions and pastoral interventions recognizing that the process by which people grow and develop spiritually also is an inherently psychological process contributing to psychological growth as well. With that in mind, all pastoral interventions have a psychological underpinning as spirituality and the processing of religion is an inherently psychological process. Moving forward, these disciplines have the capacity to inform one another and work together to build interventions and move evidence based practice forward for both the fields of psychology and pastoral care and counseling.

Recommended Books:
- None
### SA2.12 Evaluating the Impact of Chaplain Care on End-of-Life Outcomes in the ICU

**Presenter:**  
George Fitchett PhD DMin BCC – Chicago, IL  
Professor & Director of Research - Rush University Medical Center Department of Religion, Health, & Human Values  
**Co-Presenter:**  
Alexia Torke MS MD – Indianapolis, IN  
Associate Professor of Medicine - Indiana University, Center for Aging Research; Daniel F. Evans Center for Spiritual and Religious Values in Health Care  
**Co-Presenter:**  
Rev. Daniel Grossoehme DMin MS BCC – Cincinnati, OH  
Associate Professor of Pediatrics, Staff Chaplain - Cincinnati Children’s Hospital Medical Center  
**Co-Presenter:**  
Kristen Schenk MA MDiv – Chicago, IL  
Chaplain Research Fellow - Rush University Medical Center

**Session Type:** Workshop  
**Session Level:** Intermediate  
**Session Topic:** Research  
**Date:** Saturday, July 14, 2018  
**Time:** 3:00 PM – 4:30 PM

**Objectives:**  
- Describe impact of chaplain care on length of stay for patients who die in ICUs  
- Describe care provided by chaplains for patients/family members when patients die in ICUs  
- Discuss implications of research for making the case for provision of spiritual care in ICUs

**Description:**  
This workshop will describe a three-month retrospective chart review study exploring association between chaplain spiritual care and end-of-life outcomes in ICUs. Documentation of chaplain care at six ICU sites (two academic medical centers with board-certified chaplains, two academic medical centers with student chaplains, and two faith-based community hospitals with board-certified chaplains) will be analyzed for a) associations between chaplain care and end-of-life outcomes (length of stay, code status, palliative care, advance directives, and withdrawal of treatment) for patients with advanced illness admitted to ICUs and b) variations by institution (academic versus community) and chaplain experience (staff versus student).

**Recommended Books:**  
- None
SA2.13 The Post-Code Pause and Beyond

Presenter:
Elizabeth J. Schultz MAPS BCC – Lancaster, PA
Staff Chaplain - Lancaster General Health/Penn Medicine
Co-Presenter:
David Brubaker MAMFT – Lancaster, PA
Staff Chaplain/Palliative Care - Lancaster General Health/Penn Medicine

Session Type: Workshop
Session Level: Beginner
Session Topic: Staff-Care

Date: Saturday, July 14, 2018
Time: 3:00 PM – 4:30 PM

Objectives:
- Identify steps one institution utilized to implement a Post-Code Pause as a chaplain-led initiative
- Describe how the process of obtaining buy-in can build the chaplain’s relationships with administration and other members of the interdisciplinary team.
- Evaluate whether the Post-Code Pause would be appropriate and feasible in your context

Description:
A significant part of chaplaincy at our Level 2 Trauma Center is providing support to staff. While we had a process of holding Critical Incident Stress Debriefings and offering impromptu support, the manager of Trauma Services asked for something more. In response, building on the published work of nurses, a proposal was made to offer a Post-Code Pause for all deaths in the trauma bay and all Code Blues resulting in death in the hospital. We will discuss our process, the successes and barriers, and how this initiative has grown into other work to help combat compassion fatigue and burnout.

Recommended Books:
- None