

2018 APC/NACC Joint Conference Friday Workshop Listing



FR1.01 Advanced Chaplain Practitioner: A New Position Model for Shaping Chaplaincy in the New Age of Healthcare

Presenter:

Steven Rice MDiv BCC – Columbus, OH
Advanced Chaplain Practitioner – OhioHealth/Riverside Methodist Hospital

Session Type:

Workshop

Session Level:

Intermediate

Session Topic:

Advocacy

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- Explain the process for researching and developing a new position model in an institution and be able to identify four burdens and benefits through the developmental phase
- Describe three characteristics that distinguish an Advanced Chaplain Practitioner (ACP) from a staff chaplain
- Identify three resources available in considering the development of an Advanced Chaplain Practitioner (ACP) position

Description:

This workshop is intended to take participants on a step-by-step walk through of how OhioHealth/Riverside Methodist Hospital introduced and developed support for a new advanced level position for chaplaincy across the OhioHealth system. In early 2015, the Manager and staff chaplains at Riverside Methodist Hospital took a pivotal approach in promoting the establishment of an Advanced Chaplain Practitioner (ACP) position. In July 2015, the first ACP chaplain began and by July 2017, five ACPs are serving in two OhioHealth hospitals and one rehab center.

Recommended Books:

- None

FR1.02 Chaplains as Midwives to Reorientation: A Narrative Approach to Pastoral Care

Presenter:

Fred Grewe DMin BCC – Medford, OR
Chaplain – Providence Hospice

Session Type:

Workshop

Session Level:

Intermediate

Session Topic:

Alternative Therapies

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- We will explore the need of patients to be authors of their own life narrative to achieve a sense of spiritual peace in the midst of their disease process
- We will consider some practical tools for chaplains to utilize in aiding patients stuck in this life scripting project

Description:

In the past 12 years, I have companioned with more than 1,500 folks who have died. They, and years of research into the existential issues related to the dying process, have taught me several important lessons. Chief among them is our insatiable need to create meaning for our lives. We do this by crafting stories. This workshop will explore techniques chaplains can employ to help patients reframe meaning in light of a terminal or debilitating illness.

Recommended Books:

- "The Soul's Legacy: How Clergy and Chaplains Can Help Senior Adults Prepare for a Good Death by Addressing It Now" by Fred Grewe
- "The Five Invitations" by Frank Ostaseski
- "Art of Living and Dying: Spiritual Care for a Good Death" by Carlo Leget

FR1.03 Prophets and Pastors: Long Term Care (LTC) Chaplains Balancing the Call To Be Both

Presenter:

Rev. Dale R. Carr MDiv MBA BCC – Portland, OR
Spiritual Care Coordinator – Providence ElderPlace

Co-Presenter:

Cantor Linda Shivers BSM DipHazzan – Portland, OR
Clinical Chaplain – Providence ElderPlace At Laurelhurst

Session Type:

Workshop

Session Level:

Intermediate

Session Topic:

Diversity

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- Identify and acknowledge situations where patient's expression of their core values and beliefs are in conflict with the rights of others in their long term care settings
- Reflect on appropriate and necessary times and approaches to claim the chaplain's professional authority to advocate for inclusivity and protect LTC community members from spiritual intrusion and abuse; while maintaining respect for individual core beliefs and values which sustain them
- Consider appropriate responses to patients with Dementia, Cognitive Impairment and Mental Illness living and participating in diverse residential and community settings, when their expressions of strongly held beliefs and feeling conflict with others

Description:

Our Code of Ethics calls on Chaplains to “affirm ... and respect... the values of each individual/faith group” and to “respect... cultural, ethnic, gender, racial, sexual-orientation, and religious diversity...striving to eliminate discrimination”. In LTC communities Chaplains encounter situations where patients' expression of values/beliefs conflict with the rights of others to be free of spiritual intrusion/abuse. This Workshop explores examples of conflict situations, options, resources and practical tools to care for our patients and communities, to help balance the Chaplain's often competing roles as Prophetic Advocate for Inclusivity and Supportive Pastor Respecting the Values and Beliefs of individuals in Residential/Day Center Communities.

Recommended Books:

- None

FR1.05 Analyzing Chaplain Interventions: Presentation and Analysis of a Performance Improvement Initiative

Presenter:

Timothy Ford MA MS – Midlothian, VA
Instructor/Transforming Chaplaincy Fellow - Virginia Commonwealth University

Co-Presenter:

Alexander Tartaglia MDiv BCC – Richmond, VA
Professor/Senior Associate Dean, Allied Health Professions - Virginia Commonwealth University

Session Type:

Workshop

Date:

Friday, July 13, 2018

Session Level:

Intermediate

Time:

11:15 AM – 12:45 PM

Session Topic:

Documentation

Objectives:

- Identify opportunities for performance improvement for chaplain documentation
- Discuss "best practice" relationships for chaplain assessment and intervention
- Design training interventions to enhance spiritual care documentation and communication

Description:

How do chaplains chart what they do? As part of an ongoing analysis of chaplain electronic charting at one academic medical center, we analyzed our database of over 100,000 charts to determine the relationship between spiritual assessments and chaplain interventions. Findings led to the development of a review by department staff and initiation of a focused intervention for improvement. Presentation will review the analysis of findings and discuss implications for future research opportunities.

Recommended Books:

- None

FR1.06 The Spirituality and Science of Self-Compassion

Presenter:

Anne Kertz Kernion MA – Wexford, PA
Owner/Artist – Cards by Anne

Session Type:

Workshop

Session Level:

intermediate

Session Topic:

Self-Compassion

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- Identify the 3 components of Self-Compassion
- List the 5 paths to Self-Compassion
- Be able to practice and share techniques to foster Self-Compassion

Description:

Much of current research is confirming the teachings of ancient wisdom traditions about compassion and self-compassion. This workshop will briefly discuss the neurobiological roots of our survival system and how these impact our ability to be compassionate with both ourselves and others. We'll also cover the ways Self-Compassion can improve our health and wellness, allowing us to serve our communities with more energy and joy. Helpful tips on how to practice Self-Compassion (both for ourselves and others) will be included in this multimedia presentation.

Recommended Books:

- Self-Compassion by Kristin Neff

FR1.07 What is a Chaplain Doing in my Doctor's office? Quality of Life Outcomes in Embedded Spiritual/Palliative Care in Outpatient Oncology

Presenter:

Rev. Katie Pakos Rimer MDiv EdD BCC – Boston, MA
Director, Spiritual Care & Education – Beth Israel Deaconess Medical Center

Co-Presenter:

Mary Buss MD – Boston, MA
Chief, Section of Palliative Care
Director, Hospice and Palliative Care Fellowship Oncologist, Gynecologic Cancers – Beth Israel Deaconess Medical Center

Session Type:

Workshop

Date:

Friday, July 13, 2018

Session Level:

Advanced

Time:

11:15 AM – 12:45 PM

Session Topic:

Partnerships

Objectives:

- Consider the impact of embedded palliative and spiritual care on quality of life outcomes for advanced cancer population
- Survey the content of spiritual care interventions in a dynamic, outpatient, interdisciplinary palliative care oncology setting
- Analyze operational challenges to providing spiritual care in a dynamic, outpatient, clinical trial-based oncology clinic in an academic medical center

Description:

In this presentation we will reveal initial findings from our study of the impact of embedded palliative care in an outpatient oncology setting in an academic medical center. We compared several quality of life outcomes (based on the Edmunton Symptom Assessment Scale and FACT spiritual assessment tool) for patients living with advanced cancer and treated by the same oncologists, one with embedded palliative care (palliative care physician and chaplain), and the other without. We will discuss the nature of the spiritual care interventions, the difference in the quality of life outcomes between the two patient populations, and the challenges of providing spiritual care in a setting where patients, families, and even physicians may not expect it.

Recommended Books:

- None

FR1.08 Inter-professional Shared Decision Making: Chaplains as Partners

Presenter:

M. Jeanne Wirspa MA BCC – Chicago, IL
Senior Staff Chaplain; Clinical Ethicist & Manager, Medical Ethics Program – Northwestern Memorial Hospital

Co-Presenter:

Karen Pugliese MA BCC – Winfield, IL
Advanced Practice Chaplain – Northwestern Medicine Central DuPage Hospital

Session Type:

Workshop

Date:

Friday, July 13, 2018

Session Level:

Intermediate

Time:

11:15 AM – 12:45 PM

Session Topic:

Partnerships

Objectives:

- Understand the concept of shared decision making (SDM) as central to patient-centered care
- Examine how chaplains are positioned to address 3 major barriers to shared decision making identified in the medical literature
- Explore a new conceptual model for shared decision making – inter-professional SDM -- that includes the professional healthcare chaplain

Description:

Shared decision making (SDM) is a cornerstone of patient-centered care, pairs the expertise of medical providers with the values, beliefs and goals of the patient. The majority of studies on SDM focus on the physician-patient dyad, with some attention to the role of nurses. Scant research exists on the role played by other members of the healthcare team. This workshop draws on original research into how chaplains contribute to SDM and promotes their role in addressing the following barriers to SDM: 1) The lack of attention to religion/spirituality by other members of the healthcare team; 2) The lack of attention to the patient story and values embedded therein; and 3) Medical culture's fast pace, fragmented doctor-patient relationship, and obfuscating use of medical jargon.

Recommended Books:

- Charles C, Gafni A, Whelan T. Decision-making in the physician-patient encounter: revisiting the shared treatment decision-making model. *Social science & medicine* (1982) 1999;49(5):651-61.
- Sohi J, Champagne M, Shidler S. Improving health care professionals' collaboration to facilitate patient participation in decisions regarding life-prolonging care: An action research project. *Journal of interprofessional care* 2015;29(5):409-14.
- White DB. Strategies to Support Surrogate Decision Makers of Patients With Chronic Critical Illness: The Search Continues. *Jama* 2016;316(1):35-7.

FR1.09 Integrating Chaplains into Ethics Services

Presenter:

Sarah Stockey DHCE – Pittsburgh, PA
Clinical Instructor and Ethics Consultant – Duquesne University and UPMC Mercy Hospital

Co-Presenter:

Phyllis Grasser, MA BCC – Pittsburgh, PA
Vice President of Mission Effectiveness and Spiritual Care – UPMC Mercy Hospital

Session Type:

Workshop

Date:

Friday, July 13, 2018

Session Level:

Beginner

Time:

11:15 AM – 12:45 PM

Session Topic:

Partnerships

Objectives:

- Understand the importance of using an interdisciplinary team approach to ethics services
- Recognize ways for chaplains to be thoroughly integrated into ethics services
- Utilize the expertise of chaplains to strengthen the ethics services of the organization

Description:

Many practitioners equate ethics with spirituality and chaplaincy services, thereby defaulting to the advice of chaplains for how to proceed with difficult patient situations. This lecture will review the importance of integrating chaplains, not only with ethics consultation services that respond to specific case conflicts, but also with the education aspect of ethics services. Chaplains can help to provide insight into the spiritual needs of patients, including the importance of caring for a patient's spiritual needs as part of their overall healing process. Chaplains can also provide education on theological and doctrinal support for various policies and codes of conduct within the healthcare organization, especially in Catholic facilities which follow the Ethical and Religious Directives.

Recommended Books:

- None

FR1.10 Spiritual and Religious Coping of Medical Decision Makers for Hospitalized Older Adult Patients

Presenter:

Saneta Maiko PhD MS BCC – Indianapolis, IN
Research Chaplain – Indiana University Health

Session Type:

Workshop

Session Level:

Beginner

Session Topic:

Research

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- Investigate the spiritual and religious coping among medical decision makers for critically ill hospitalized patients
- Clarify the unique findings from all dimensions of spirituality and religion and how they play a role among medical decision makers
- Ponder a new way for spiritual and religious care approach that integrates the medical team, family and the community

Description:

Seriously ill adult patients who face medical decisions often require others to make decisions on their behalf. The decision makers could be family members, friends or legally authorized representatives, often referred to as “surrogates.” Making medical decisions on behalf of others produces emotional distress. Through our research, we have found that spirituality and religion (S/R) have been found to provide significant assistance to cope with this distress, including five key spiritual and religious resources that every patient and family care provider must know. The coping resources identified in this study may guide professional chaplains to design a patient-based and outcome-oriented intervention to reduce surrogate stress, improve communication, patient and surrogate satisfaction, and increase surrogate integration in patient care.

Recommended Books:

- Schenker, Y., White, D. B., Crowley-Matoka, M., Dohan, D., Tiver, G. A., & Arnold, R. M. (2013). “It Hurts to Know... and it Helps”: Exploring How Surrogates in the ICU Cope with Prognostic Information. *Journal of Palliative Medicine*, 16(3), 243-249.
- Geros, K. N., Ivy, S. S., Montz, K., Bohan, S. E., & Torke, A. M. (2016). Religion and Spirituality in Surrogate Decision Making for Hospitalized Older Adults. *Journal of Religion and Health*, 55(3), 765.
- Torke, A. M., Wocial, L. D., Johns, S. A., Sachs, G. A., Callahan, C. M., Bosslet, G. T., ... & Burke, E. S. (2016). The Family Navigator: A Pilot Intervention to Support Intensive Care Unit Family Surrogates. *American Journal of Critical Care*, 25(6), 498-507.

FR1.11 Simplifying Research: Observations and Advice from a Chaplain Who Chairs an IRB

Presenter:

Dane R. Sommer DMin MDiv BCC – Kansas City, MO
Director of Chaplaincy – Children's Mercy

Session Type:

Workshop

Session Level:

Intermediate

Session Topic:

Research

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- Participants will review the history of human subjects' research and the mandated establishment of Institutional Review Boards.
- Participants will understand the basic inner-workings of an Institutional Review Board.
- Participants will strategize how to overcome some of the basic barriers to research that many chaplains face

Description:

Research is the lifeblood of all medical advancements. It is also the most important bridge to future staffing and programmatic development for nearly all chaplain initiatives. Many chaplains are deeply engaged in innovative and creative programs that bring healing and wholeness to patients, families and staff. But we are hesitant to engage in the human subject's research because of difficulty with the development of research proposals and IRB approval. As someone who has been an IRB member for over 25 years and an IRB Chair for over 7 years, and as a researcher, the overall goal of this workshop is to demystify the creative process of transforming a creative idea about research to the ultimate goal of IRB approval. Time will be given for participants to "think out loud" about their ideas for research.

Recommended Books:

- None

FR1.12 Artifying Spiritual Care: New Modalities for the 21st Century

Presenter:

Saundra Shanti MA – Salt Lake City, UT
Lead Staff Chaplain/ SES – St. Mark's Hospital

Session Type:

Workshop

Session Level:

Beginner

Session Topic:

Self-Care

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- Recognize the arts as a transcendent language accessible to everyone, not based upon any religious preference
- Experience art-making as a process of self-discovery and spiritual connection
- Integrate art-making into the practice of spiritual care as a means of expression and exploration

Description:

The arts and chaplaincy converge in an imaginative, creative process that transforms the raw materials of art supplies or life experience into something different and meaningful. This intersection of art-making and spiritual care will be explored through an art workshop. The presenter will lead participants through a process to make a "Compassion Flag" and demonstrate how chaplains can utilize the process in their own spiritual care practice. Chaplains will be able to engage patients in art-making as a way to express their feelings, explore their suffering and move toward healing. Participants will receive a bibliography of academic research related to the topic, as well as examples of other successful arts experiences.

Recommended Books:

- Ettun, R., Schultz, M., & Bar-Sela, G. (2014). Transforming pain into beauty: On art, healing, and care for the Spirit. Evidence-Based Complementary and Alternative Medicine. <http://dx.doi.org/10.1155/2014/789852>

FR1.13 Compassion-Centered Spiritual Health: Insights from CBCT®, Emory University's Program in Compassion

Presenter:

Maureen Jenci Shelton MDiv – Atlanta, GA
Director of Education - Spiritual Health at Emory Healthcare

Session Type:

Workshop

Session Level:

Beginner

Session Topic:

Self-Care

Date:

Friday, July 13, 2018

Time:

11:15 AM – 12:45 PM

Objectives:

- Describe the rationale, insights, and practical approach of Emory University's CBCT® (Cognitively-Based Compassion Training), a contemplative program designed specifically to cultivate and sustain compassion in a way that is accessible to people of any-or no-faith tradition
- Gain an introductory experience of several of CBCT's distinct reflective exercises, each of which is designed to build skills to support the professional and personal well-being of spiritual care responders
- Explain how compassion and wellbeing are skills that can be practiced and developed systematically, and understand the rationale for bringing these skills to spiritual care professionals in order to address personal and professional risks of burnout, depression, and anxiety

Description:

Through the experience of several contemplative exercises, this interactive workshop will introduce participants to CBCT®'s approach to expanding and deepening compassion (as distinct from empathy) while avoiding the deleterious impacts of empathetic distress or fatigue. The participant will gain familiarity with research-based benefits of CBCT (Cognitively-Based Compassion Training) and the growing field of compassion science. Participants will also learn about the collaboration of Spiritual Health at Emory Healthcare and Emory's Center for Contemplative Science and Compassion-Based Ethics and their ongoing research into the benefits of formalized compassion training within the field of Chaplaincy.

Recommended Books:

- None

FR1.14 Conversations about Life and Death: Reflections of a Chaplain and Physician on End of Life Care

Presenter:

Rev. Dr. Judith Silva MDiv DMin – York, PA
Manager of Spiritual Care and Education - Well Span Health

Co-Presenter:

Dr. John E. Silva MD – Salinas, CA
Physician Clinical Faculty - Natividad Medical Center

Session Type:

Workshop

Date:

Friday, July 13, 2018

Session Level:

Intermediate

Time:

11:15 AM – 12:45 PM

Session Topic:

Partnerships

Objectives:

- Reflect on the partnership between Chaplain and Physician during end of life care of patients and families
- Discuss why interdisciplinary partnership is important in caring for end of life patients
- Examine a case study which utilized partnerships in end of life care from the aspect of a multidisciplinary team

Description:

Chaplains and physicians are partners in caring for patients and families at end of life. Each discipline has been trained to offer unique skills and perspectives for assisting persons during the end stages of life. In this workshop participants will be able to listen in on a discussion between a doctor and chaplain on how their involvement with patients and families form a healing partnership for helpful transitions during end of life care. In addition an actual case study which involved a multidisciplinary team approach to caring for an end of life patient will be shared with participants. If you wish to learn more about what this physician and chaplain have found helpful interactions in caring for end of life patients in partnership together, then this workshop is for you.

Recommended Books:

- From Chronic to Critical: The Importance of Relationships in the Case of Gabriela Rivera Markkula Center for Applied Ethics Santa Clara University, Feb 2009 by Dr. John Silva, MD.
- Living Thoughtfully Dying Well: A Doctor Explains How to Make Death A Natural Part of Life by Glenn Miller, MD March 2014.
- The Chaplain's Presence and Medical Power: Rethinking Loss in the Hospital System by Richard Coble Dec 2017
- What Doctors Feel: How Emotions affect the Practice of Medicine: author Danielle Ofri, 2013
- The Chaplain Physician Relationship by Larry Vandecreek editor Laurel Arthur Burton editor May 1991
- Patient Perspectives on Spirituality and the Patient-Physician Relationship: Journal of General Internal Medicine October 16, 2001 (10) 685-692

- Bulding Mutual Trust and Respect within the Chaplain/Physician Relationship by Richard Eyer, MDIV, Oct 8 2008 pp 19-32 online and in Journal of Health Care Chaplaincy Volume 3 1991 Issue 2