Name:  
SA1.01 Themes for a Theology of Chaplaincy

Presenter: Russell Myers DMin BCC  
Co-Presenter: None

Session Type:  
Workshop

Date:  
Saturday, June 24, 2017

Time: 10:00 AM - 11:30 AM

Objectives:  
- Identify common themes relevant to a theology for professional chaplaincy
- Clarify and articulate their own core theological foundations for chaplaincy
- Be better prepared to mentor chaplains who are preparing for certification

Description:  
This workshop addresses a challenge that many of us face: knowing our theological foundations for chaplaincy. How do we advocate for professional chaplaincy with those who may wonder about our ability to provide support to people of different faiths? Others may not be asking for our theology of chaplaincy, but as professionals we need to know. In addition to being clear on our own theology, we may be mentoring colleagues who are preparing for certification. Participants will receive tools for assisting mentees to consider how to “articulate a theology of spiritual care” as required in TPC1

Recommended Books:  
None
Name:
SA1.02 GRACE - A Six Week Workshop for Stage IV Cancer Patients

Presenter: Bronwen Jones BMus
Co-Presenter: None

Session Type:
Workshop
Date:
Saturday, June 24, 2017
Time: 10:00 AM - 11:30 AM

Objectives:
- Apply logo therapeutic principles to their practice
- Understand the concept of spiritual/existential resilience
- Learn about some of the outcomes of GRACE participants through specific cases

Description:
Growing Resiliency And CouragE (GRACE) with cancer is a six-week/once per week workshops with goals for cultivating resiliency skills, learning skills of practicing gratitude, integrating mindfulness exercises to develop inner peace, strengthening feelings of connectivity, and taking control of perspective via cognitive restructuring techniques for the overarching goal of increasing a sense of wholeness and enhancing positive emotions. It is not a support group. The curriculum was designed by Dr. Arash Asher, the cancer center’s cancer rehabilitation physician and Dr. Jeffrey Wertheimer, a neuropsychologist at SCMC. The presentation will provide an overview of the curriculum and the unique tolls of chaplaincy before, during, and after patients have completed the GRACE program.

Recommended Books:
None
Name:
SA1.03 Mindfulness and the Chaplain: Where Do We Relate?

Presenter: Jessica Van Denend PhD BCC
Co-Presenter: None

Session Type:
Workshop
Date:
Saturday, June 24, 2017
Time: 10:00 AM - 11:30 AM

Objectives:
• Understand the history and current usages of the concept of mindfulness, Mindfulness Based Meditation (MBM) and Mindfulness Based Stress Reduction (MBSR)
• Appreciate areas of intersection and strategic application between mindfulness and chaplaincy work
• Think critically and reflectively around limits or differences between the two

Description:
Recent years have seen popular interest in the concept of mindfulness, as well as development of therapeutic programs such as Mindfulness Based Stress Reduction (MBSR). This session will explore intersections and application between mindfulness theory/techniques and chaplaincy work. We will look at examples of chaplains incorporating mindfulness into their work, and/or using the concept as a bridge for interdisciplinary collaboration. We will also ask critical questions around limits or tensions in such areas of intersection, including what chaplaincy’s relationship might be with concept which was derived from Theravada Buddhist teachings but now operates independently of a spiritual tradition.

Recommended Books:
None
Name: SA1.04 Spiritual Assessment in Palliative and End-of-Life Care

Presenter: George Fitchett PhD BCC
Co-Presenter: Rev. Anna Lee Hisey Pierson MDiv BCC-HPCC, Nancy Waite, Christine Hoffmeyer MDiv BCC, and Dirk Labuschagne

Session Type: Workshop
Date: Saturday, June 24, 2017
Time: 10:00 AM - 11:30 AM

Objectives:
- Describe the limitations of current approaches to spiritual assessment
- Utilize a new model to quantitatively assess the unmet spiritual needs of a palliative care patient
- Evaluate the strengths and limitations of a quantifiable model for assessing unmet spiritual needs in patients receiving palliative care

Description:
Chaplains have begun to recognize the limitations of one-size-fits-all, narrative models for spiritual assessment. A team of Chicago-area palliative care chaplains participating in the Coleman Palliative Medicine Training Program developed a quantifiable model for assessing and reporting unmet spiritual needs in patients receiving palliative care. We will describe the model, its conceptual foundations and its development. Workshop participants will have the opportunity to use the model to assess unmet spiritual needs in a patient receiving palliative care. The strengths and weaknesses of the model, as well as areas for future research in spiritual assessment in palliative care will be discussed.

Recommended Books:
None
Name:
SA1.05 Buddhist Healing Principles: Cross Cultural Research and the Application of Buddhist Teaching

Presenter: Rev. Daijaku Judith Kinst
Co-Presenter: Rev. Jo Laurence MA and Alistair Shanks MA

Session Type:
Workshop
Date:
Saturday, June 24, 2017
Time: 10:00 AM - 11:30 AM

Objectives:
• Identify central Buddhist healing principles, teachings, and practices that can deepen and extend interfaith chaplaincy and their application to end of life care
• Articulate the important role cross cultural research and intercultural collaboration can have in enriching the theory and practice of chaplaincy
• Understand how Buddhist practices and teachings can support the development of innovative and effective training programs for spiritual care volunteers in multi-faith settings

Description:
Buddhist teachings and practices can successfully enrich chaplaincy with diverse populations. The ten healing principles developed by Paula Arai from her ethnographic research with contemporary Japanese Buddhist lay women have particular relevance. We will discuss these principles, examine their application to chaplaincy in the U.S. through case studies, and explore how they can support effective end of life spiritual care. Through an examination of the Zen Hospice of San Francisco volunteer training program, we will discuss how Buddhist teachings, and the practice of mindfulness, has led directly to a successful model for training hospice volunteers from any or no faith tradition.

Recommended Books:
None
Name: SA1.06 Unaddressed Suffering: a Preventable Medical Error

Presenter: Rodney Craggs MDiv BCC
Co-Presenter: None

Session Type: Workshop
Date: Saturday, June 24, 2017
Time: 10:00 AM - 11:30 AM

Objectives:
- Identify unaddressed suffering as an ethical imperative for hospitals to prevent
- Understand addressing suffering as a way to increase patient satisfaction and outcomes
- Describe how chaplains and other social disciplines can be integrated in systems to address preventable suffering of patients, families and staff.

Description:
Since preventable suffering is a too common circumstance experienced by hospitalized patients and their loved ones, this workshop will look at unaddressed preventable suffering as a type of medical error that invokes both a moral and operational obligation to establish and execute processes that will prevent and/or alleviate that suffering. When there is existential suffering, Chaplains have the skills that are often underutilized to address this type suffering within the healthcare institutions they serve. When preventable suffering is addressed the goal of medicine to relief suffering can produced a better experience for patients, families, and staff.

Recommended Books:
From Detached Concern to Empathy: Humanizing Medical Practice by Jodi Halpern
An Epidemic of Empathy in Healthcare: How to Deliver Compassionate, Connected Patient Care That Creates a Competitive Advantage by Thomas L. Lee
If Disney Ran Your Hospital: 9 ½ Things You Would Do Differently by Fred Lee
Name:
SA1.07 Enhancing Collaboration and Communication among Caring Disciplines through Simulation Training

Presenter: Dane R. Sommer DMin BCC
Co-Presenter: Sabra Boyd MSW

Session Type:
Workshop
Date:
Saturday, June 24, 2017
Time: 10:00 AM - 11:30 AM

Objectives:
- Review the conceptualization of psycho-social simulation training for chaplains, SWs and CCLS team members
- Review the development of leaning of objectives and scripted scenarios for chaplaincy education
- Review development of a psycho-social based research project evaluating collaborative learning

Description:
Over the past eighteen months, leaders from the Departments of Social Work Services, Child Life and Spiritual Services have come together to design and implement mandatory simulation training. Beginning in March 2014, staff members from our psycho-social teams have been required to attend annual three hours of simulation training. Each session utilizes standardized patients (actors) in our simulation lab to recreate common yet difficult situations where team members need to collaborate to provide best practice. Each session includes three scenarios; objectives were created for each scenario that focus on team members demonstrating their own skills and competencies while recognizing the same in other disciplines. During the first year those scenarios included suicidal ideation by an adolescent in an outpatient setting, a 6 y/o semi-conscious trauma victim who needed to be catheterized, and a pediatric intensive care unit emergent code and death. Through 2015 and 2016 over 200 psycho-social and spiritual team members participated in simulation training. In June 2016, a new set of scenarios was created for a new year of training. The team has received approval from the Children’s Mercy IRB to do pre- and post-training questionnaires to determine the effectiveness of training and participant comfort with simulation as a learning method. This presentation will review the history of the development of the simulation learning program, share video clips of sequences involving critical communication among team members, and share recent data from our research project.

Recommended Books:
None
**Name:**
SA1.08 Wellness in Mind: Your Brain's Surprising Secrets to Gaining Health from the Inside Out

**Presenter:** Sally K. Severino MD  
**Co-Presenter:** Andrew Garrison MS CPT HC

**Session Type:**  
Workshop

**Date:**  
Saturday, June 24, 2017

**Time:** 10:00 AM - 11:30 AM

**Objectives:**
- Explain how our human brain can create new neural pathways that support healing our total BEING
- Describe how our brain encodes relationships with self and others--also with food, exercise, time, and the Source of all BEING
- Find inspiration to develop our own relationship to wellness

**Description:**  
We live in a time when clichés dominate the fields of fitness and nutrition. The old focus on body image encourages comparison and competition with others. Now neuroscience, especially its findings regarding inter subjectivity, is offering new strategies for mastering—not just our weight so all our wellness challenges by giving us a new focus on BEING IMAGE. In this presentation, we will define being image and look at how our total BEING experience in collaboration with and through others can co-create a world of wellness.

**Recommended Books:**  
*Sacred Desire: Growing in Compassionate Living* by Nancy K. Morrison & Sally K. Severino  
*Wellness in Mind: Your Brain's Surprising Secrets to Gaining Health from the Inside Out* by Sally K. Severino & M. Andrew Garrison  
*Intersubjectivity: What makes us human?* by Jordan Zlatev, Timothy P. Racine, Chris Sinha and Esa Itkonen
Name: SA1.09 The Chaplain-Physician Relationship: It's Complicated

Presenter: Linda Wright Simmons DMin BCC
Co-Presenter: David R.W. Simmons, MD

Session Type: Workshop
Date: Saturday, June 24, 2017
Time: 10:00 AM - 11:30 AM

Objectives:
- Articulate a rationale for chaplains initiating spiritual care relationships with physicians
- Discuss how physician formation and current trends in health care impact physician well-being
- Practice approaches to forming chaplain-physician partnerships in participants' ministry settings

Description:
Chaplains in health care settings often find themselves perplexed or intimidated by physicians. Yet, when chaplains' voices are silent, doctors miss valuable spiritual care for themselves, their patients and staffs. This workshop will engage participants in reflecting on their experiences with physicians and how these affect ministry with doctors. The presenter is a Board Certified Chaplain who works with medical residents to integrate whole person care in a large community hospital, and equips chaplains and CPE students to engage physicians in interdisciplinary partnerships. The co-presenter, her husband, is a physician at the Orlando VA Medical Center and academic internal medicine residency professor.

Recommended Books:
*Restoring the Healer: Spiritual Self-Care for Health Care Professionals, William E. Dorman*
*What Doctors Feel: How Emotions Affect the Practice of Medicine, Beacon Press, 2013.*
*Black Man in a White Coat A Doctor's Reflections on Race and Medicine, Picador, 2015.*
Name:
SA1.10 Healing Humor: How Improv Comedy Strengthens Our Work as Chaplains

Presenter: Anthony Silano MDiv MMNA BCC
Co-Presenter: None

Session Type:
Workshop

Date:
Saturday, June 24, 2017

Time: 10:00 AM - 11:30 AM

Objective:
- Utilize lessons, tools, and exercises from Improvisational Comedy to sharpen listening skills, step into the unknown with confidence, build resiliency, and look for the funny in unlikely places.

Description:
Taking improvisational comedy classes was a perfect way to unwind after a long day, a way to receive so I could give; a place where inner silliness is encouraged and cultivated. Surprisingly the more I practiced improv the more I realized how much of what I was learning applied directly to my work as a hospital chaplain. By exploring the foundations of Improvisational Comedy we’ll unveil the many wonderful ways the lessons from improv can sharpen our skills as chaplains if we’re willing to let go and jump in.

Recommended Books:
The Improvisation Edge by Karen Hough
Yes, and: Lessons from The Second City by Kelly Leonard and Tom Yorton
Between Heaven and Mirth: Why Joy and Laughter are at the Heart of the Spiritual Life by James Martin